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Let's give a Big Cheer, Graduation Time is Here!

By: Nonie Paola Aviñante







Believe it or not, we appreciate our time with everyone this year.

We are curious and passionate bunch who are aware of the many issues that plague the world, the schools, and everywhere. We feel that with right focus, discipline, and sustained effort, no matter what the challenges are, we all have what we need to be great leaders, communicators, and writers in our school.

If there is one thing that PSG Chronicle Staff hopes, for every student and pupil who would walk away with this year, is that they know that everyone matters! Each one is powerful and has a unique ability to improve the flow of society.

Continuation on page 4

Paalam sa Aking Pangalawang Tahanan

ni Jon Bradley Mayuga





ng pagtatapos ng akademikong taon ng Philippine School in Greece (PSG) taong panuruan 2021-2022 ay ang pagtatapos na rin ng isang yugto bilang isang mag-aaral mula sa ikalabindalawang baitang. Isang mapait na pagtatapos ngunit matamis na pagbuklat ng panibagong pahina sa aming mga buhay.

Simula pa lamang nang ako'y nasa Nursery 2 ay sa PSG na ako nag-aaral, at makalipas ang ilang taon ay rito ko rin maisasara ang pinto ng aking edukasyon

Pagpatuloy sa pahina 4

WHAT'S INSIDE

Features:

- Be a Reader, Be a Writer, Be a Problem Solver
- Healthy Living Versus Stress
- Ang Digmaan sa Pagitan ng Ukranya at Rusiya
- 上海的疫情
- If it Matters to You, It Matters to Us
- Every Student Matters, Every Moment Counts

Editorials:

- Signing Off
- Ang Pinakamahusay na Tatahaking Kurso

News:

- Araw ng mga Puso , Ipinagdiwang sa PSG!
- PSGEAN Masquearde Celebration, a Blast!
- Thesis Defended!
- Career Day ng Ikalabing-isa at Ikalabindalawang Baitang, Naging Matagumpay!
- Ikasiyam at Ikasampung Baitang,
 Nagpamalas ng Galing sa Palabigkasan!
- Front Row Seat to the Tea Party
- Learning in Real Life Situation
- Grazing Tables and Fine Dining for TLE
 9 and 10
- Creating Bonds with the Embassy of United Arab Emirates
- Ημέρα της Ελληνικής Ανεξαρτησίας
- Field Trip of Elementary Department in Spata Zoo
- Field Trip of High School Students in Vari
- Field Trip of Senior High School Department in Lefkada
- Get Sports, Get Strength

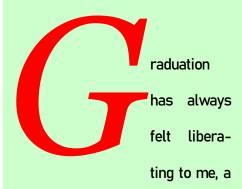
Literary Art Work

EDITORIAL: Signing Off

By: Nonie Paola Aviñante



Imaged by: Alizandre Tagalicud at Jeremie Toquero



sign of independence from the boundaries of high school and the rules that come with it. My mind used to race with visions of throwing caps and gowns, knowing that the days of bell schedules and toilet passes were over. I've never been afraid of graduation, or of the freedom, it would provide me.

As the big day approaches,

my feelings about graduating have shifted slightly. Suddenly, that freedom that I had pictured and wished for faded from my mind. Instead, a touch of fear fills my mind as I consider graduation day, thinking of the breaking of the monotony and habit. There was assurance and a regular process in the continuous routine that we had from 8 a.m. to 1 p.m. every day. This will with come to an end graduation, and we will have to think outside of the schedules we have followed for the past years. We spend four years of our lives wishing to escape the walls of the school, but as the end draws near, the thought becomes a little frightening. There is a future in which everything or nothing is possible, and we hold the keys to that future. We hold the keys as we stand on the verge of graduation, and while we sometimes want to throw them away, we also want to put them in the keyholes and discover the futures for which we are

destined. I've been staring in the mirror with surprise at the person staring back at me for the past several weeks; it's when I glance in the mirror that I realize I'm a senior. I recall looking into that mirror during my first days of high school, seeing pasts, presents, and futures. I realize I've grown into the senior I imagined in the mirror. I may not have lived my high school years exactly as I had imagined in fifth or sixth grade, but I did experience them, and now I'm here.

Those days are no longer with us. College and adulthood, on the other hand, have taken their place. The independence I used to yearn for is both frightening and exciting since it welcomes fresh beginnings. I'm not sure if I'm ready to take on the world, but I know I'll have to give it my all. Graduation is a day that represents the end of one chapter and the beginning of another, and no matter how you look at it, it is a day that I will remember for the rest of my life.

EDITORYAL:

Ang Pinakamahusay na Tatahaking Kurso

ni Jon Bradley C. Mayuga



Iginuhit ni: Carolina Gadia

ng ating tatahaking karera sa buhay ay isang mahalagang desisyon sapagkat ito ang magdidikta kung anong uring mga

ang magdidikta kung anong uring mga pagkakataon ang maaaring mailahad sa atin. Daan-daang mga maaaring tahaking daan, ngunit paano ba makapipili nang narara-pat? Ano nga ba ang nararapat na tahaking karera sa buhay? Marahil ang tatatak sa ating isipan ay kung saan malaki ang sahod. Ngunit tayo'y magbigay ng panahon sa ating sarili upang tanungin kung saang karera ba tayo uunlad at saan tayo magiging masaya. Ang pagpili ng tatahakin sa buhay ay hindi madaling desisyon, samu't saring mga bagay ang dapat alalahanin at pag-isipang mabuti.

Unang una ay kilalanin ang sarili at alamin kung saang aspeto tayo mahusay kumilos at mag-isip. Gugulin ang mga biyayang talento nang mahusay nang sa gayon ay magkaroon ng pag-asang sumagana ang ating buhay mula sa kung ano ang mayroon ka.

Ikalawa, ang ating kasiyahan ay isa ring aspeto na dapat isipin, pag-isipang mabuti at tanungin ang sarili kung ikaw ba ay sasaya sa tatahakin mong landas. Ito ay mahalaga sapagkat kung nakahanap ka ng kasiyahan sa iyong ginagawa, kailanman ay hindi ka makararanas ng pagkapagal at higit na paghihirap sa iyong ginagawa kahit pa ito'y habambuhay mong gawin.

At ang pinakahuling mungkahi ay magsagawa ng iyong maiksing pananaliksik ukol sa anong karera ang matagumpay o magiging matagumpay sa hinaharap sapagkat maraming maaaring matagumpay na karera depende kung saang pook mo ito nais tahakin. Isang magandang halimbawa nito ay kung ikaw ay nasa tropikal na bansa, maaari mong tahakin ang karerang umuukol sa mga hotel o restaurant na malapit sa dagat sapagkat dito maraming parokyano o maaari namang ikaw ay nasa isang pook kung saan ang teknolohiya ay patok na patok, maaari mong tahakin ang daan ukol sa pag-aaral at pagsasagawa ng mga bagay na makatutulong sa teknolohiya.

Maraming dapat isantabi at isiping mabuti sa tuwing gumagawa tayo ng malaking desisyon sa ating buhay lalo na sa karerang nararapat tahakin. Laging tatandaan ang mga mahahalagang aspeto na dapat pag-isipan, ilan sa mga ito ay ang ating mga talento at lakas, ang ating kasiyahan, at ang ating katayuan sa buhay maging pinansyal man o pisikal. Huwag kalilimutan na ang tagumpay ng bawat tao ay nakasalalay sa bawat desisyon na magpapabago sa takbo ng iyong buhay.

Translation

The Best Career Path to Take

Our career path in life is an important decision because it will dictate what kind of opportunities it can give to us. Hundreds of possible paths, but how do we choose wisely? What is the right career path in life? Perhaps what will stick in our minds is where the wages or salary is high. But let us give ourselves time to ask which career we will grow as a person and which path we will be happy with. Choosing a path in life is not an easy decision, there are many things to consider and think about.

First of all, get to know yourself and find out which aspect you are good at. Use the blessings that you have like your talents so that you can change your life with what you have.

Second, our happiness is also an aspect to think about, ponder and ask yourself if you will be happy on the path you are choosing. This is important because if you find pleasure in what you are doing, you will never experience exhaustion, tiredness, and more difficulty in what you are doing even if you do it for the rest of your life.

And the last suggestion is to do your brief research on what career will be successful in the future because many possible successful careers are depending on where you want to pursue. For example, you are in a tropical country, you can pursue a career in hotels or restaurants near the sea because there are a lot of clients, or you may be in an area where technology is very popular, you can take the path of learning and doing things that can give you more knowledge with technology.

There is much to set aside and ponder every time we make a big decision in our lives, especially in the career that we should pursue. Always remember important aspects to consider, some of which are our talents and strengths, our happiness, and our status in life whether financial or physical. Don't forget that every person's success depends on every decision.

Let's Give a Big Cheer, Graduation Time is Here!

By: Nonie Paola Aviñante Continuation from page 1



The entire staff is hoping that you may recognize your greatness, that you may have deep self-love and confidence in yourself, that you know intimately. And the only person you should compete with is YOURSELF.

Love every one of us, even the ones who come to give us distractions and problems. Stepping into each day of a week, of a month, of a grading period at school or in real life entails more challenges and hardships to face. Those days and each days would never come back again. Watching and waiting the school days coming to it's end is sad. At the same time, it gives a hopeful feeling to create a new beginning. A new beginning that would help one to anticipate a delightful end. What inspires every student, every pupil, and every parent to keep going to succeed in life is the thought that all is well that ends well. Nonetheless, the new beginning is to wake up every day with gratitude, go ahead, and strive to achieve all the things that we've ever wanted. As students, it feels good to be completing a year of school, but at the same time, the thought of unknown excitement and fear is part and parcel of our journey.

We can't believe it, but we're coming to the end of our school year 2021-2022, the year of resilient pandemic recovery. Thanks to everyone, who directly and indirectly contributed to the fulfillment of our endless dreams, while we are waiting for that big day! Don't forget to congratulate each one! CHEER! AND LET'S CELEBRATE!

Paalam sa aking Pangalawang Tahanan

ni Jon Bradley Mayuga

Pagpapatuloy mula sa pahina 1





hanggang ikalabindalawang baitang.

Ang lahat ng mga kaba tuwing magkakaroon ng pagsusulit, ang pagkatuto sa silid habang nagkaklase, at ang mga panahong kami'y nakikipagkwentuhan at asaran sa aming mga kamag-aral at mga guro ay ilan lamang sa mga pangyayaring hindi ko kailanmang inakala na aking hahanap-hanapin din sa pagdako ng katapusan ng aming pag-aaral sa PSG. Hinding-hindi lilisan sa aking isipan ang lahat ng tulong at gabay na ibinigay sa akin ng aking mga magulang, guro, at lalo na sa mga kamag-aral tuwing may pagsusulit.

Ang kaalaman ang magbibigay sa atin ng mas malaki at maraming pagkakataon tungo sa tagumpay, at ang paaralan ay ang pook kung saan ang lahat ng ating kaalaman at iwing na talento ay maeensayo. Sa aking huling taon sa paaralang ito, hinihiling ko sa mga mag-aaral ng PSG na sulitin at sipagan pa ang pag-aaral sapagkat balang araw ay magpapasalamat ka rin sa iyong mga natanggap mula sa paaralan. Nawa'y hindi na kayo mahirapan sa Sipnayan tulad ko, at ipagpatuloy lamang ng mga guro at mag-aaral ang matibay na samahan sa isang malubak na daan tungo sa matamis na tagumpay. Lubos ang aming paghanga at pagpapasalamat sa paaralang ito, libo-libong mga masasayang alaala ang nabuo sa aming pag-aaral at mga aral na aming bibitbitin habambuhay.

Translation:

Farewell to my Second Home!

The end of the academic year 2021-2022 of the Philippine School in Greece (PSG) is also the end of a phase as a student from the grade twelve class. A bitter ending but the sweet opening of a new page in our lives.

Ever since I was in Nursery, I have been studying in PSG and after a few years, I will also be able to close the door of my education up to the twelfth grade. All the nervousness during exams; the learnings in the classroom during class, the times we chat, tease our classmates, and listen to our teachers are just a few of the events I never thought I would find and miss at the approaching end of our studies at PSG. All the help and guidance were given to me by my parents, teachers, and especially classmates during exams will never leave my mind.

Knowledge will give us greater and more opportunities for success, because school is the place where all our knowledge and talents can be practiced. In my last year at PSG, I ask the students to make the most out of it because one day they will be grateful for what they have received from the school. May you no longer struggle in Math like I did, and may the teachers and students continue the strong connection towards success. I have a lot of admiration and gratitude for this school and I have thousands of happy memories, and I have significant lessons that I will carry with me for a lifetime.

Araw ng mga Puso sa PSG, Ipinagdiwang!

ni Jolo Michael Endozo



Ipinagdiwang ang araw ng mga puso sa Philippine School in Greece noong ika-14 ng Pebrero, 2022. Ang mga kasapi ng SGO (Student Government Organization) ay naghanda ng isang palatuntunan para sa nasabing pagdiriwang. Bago ang araw ng mga puso ay naghanda ang mga kasapi ng SGO sa tulong ng kanilang tagapayo na si Ginang Mary Ann Saveron at Ginoong Dennis Acerit.

Ito ay isang kaaaya-ayang pagdiriwang sapagkat ang bawat silid ay may mga palamuti at ang bawat mag-aaral sa bawat baitang ay may inihandang sorpresa sa kanilang mga tagapayo.

Bawat mag-aaral ay nagbigay ng kanya- kanyang talumpati para sa kanilang mga guro. Mayroon ding mga sayaw at awit na pinaghandaan ng mga mag-aaral para sa kanilang mga tagapayo.

Matapos ang palatuntunan ay nagbigay ng mga regalo, tsokolate at liham ang mga mag-aaral sa mga guro. Nagkaroon rin ng sayawan matapos magbigay ng kanya-kanyang mga regalo.

Bilang pagtatapos, mayroon ding kaunting salo-salo handog ng SGO para sa mga guro pagkatapos ng palatuntunan. Ang araw ng mga puso ay paniguradong isa sa mga pinakamahusay na pagdiriwang. Ang SGO ng mababang at mataas na baitang ay nahigitan ang inaasahan ng mga guro.

Translation:

Valentine's Day Celebration in PSG

Last February 14, 2022, PSG celebrated Valentines Day. The members of the SGO (School Government Organization) of the Elementary and High School Department made a preparation for this event. A day before Valentine's Day, the members of SGO together with their advisers, Mrs. Mary Ann Saveron and Mr. Dennis Acerit decorated each classroom, and prepared a surprise for the advisers and teachers.

Each student from each grade level composed a speech for their teachers. After their speech, students had intermission dances and songs that they presented to their teachers.

The students then gave their gifts, chocolates, and letters to the teachers. After the giving of gifts students danced together with their teachers.

The SGO students also prepared a potluck for the teachers. This Valentine's day was surely one of the best. The SGO of the Elementary and High School department exceeded the expectations of the teachers.

PSGEAN Masquerade Party, a Blast!

By: Krystelle Mae Lunggay



The PSGEAN Masquerade Party was held on March 03, 2022 and it was a blast! All the kids were very happy and excited to go in the school. All the kids looked good and fantastic. Some of them dressed like princesses, princes, and other characters. Although, we celebrated the masquerade party room by room because of the pandemic, still the event was memorable and kids had fun.

It was so nice seeing the kids happy while having our room by room party. In my class, we had our own potluck, but we also shared it to each other. We haven't had a masquerade party since 2020, because of the lockdown, for this, we couldn't celebrate it all together. I'm so glad all the kids had fun and I hope there will be more celebrations this coming school year!

Thesis Defended!

By: Renzel Grigorakos



Last May 2022 (Wednesday) and May 6, (Friday) the students of Grade 12 -Zeus had their final defense. Aside from the panelists from Philippine School in Greece, there were also surprise panelists from International Philippine School in Italy (IPSI). panelists from PSG were The Ms. Hermiline Athina Bravo, Ms. Jasmin Imperial, and Mrs. Gracia Celia Nickel, while Chona Evangelista, Sister Millete Meman, and Ms. Bolen were from IPSI.

As a Grade 12 student myself, I can say that all of us really prepared for this defense. I have seen first hand the struggles of my classmates during the process of finishing their research. From what I have observed, conducting the



surveys are what gave them a hard time because some of the participants aren't answering the surveys. Starting and conducting research extremely can be exhausting and draining since it requires a lot of time and patience in order to execute properly. The trick to making a good research paper is to not cram, you can always do it little by little. Cramming your research can never be a good idea.

The day of the defense, we were all extremely nervous from the get – go. We became even more nervous when we found out that there will be guest panelists from IPSI. During the defense, we were given time to present our research to the panelists and afterwards we were given questions. In order to have a successful defense, you have to know your research extremely well, so you can answer all possible questions logically.



Career Day ng Ikalabing-isa at Ikalabindalawang Baitang, Naging Matagumpay!

"Mga Bagong Kasanayan para sa Kinabukasan" ni Kimberly Nicole Chavez



Naging matagumpay ang "Career Day" ng ikalabing-isa at ikalabindalawang baitang noong ika-9 ng Marso, 2022 sa ganap na ikasampu ng umaga sa Philippine School in Greece. Nagtungo ang kinatawan ng paaralang Le Monde (Institute of Hotel and Tourism Studies) sa PSG upang magsagawa ng isang pantas aral ukol sa kani-lang paaralan. Ang mga mag-aaral na nais kumuha ng Hotel Management at Culinary Arts sa Kolehiyo ay maaaring pasukan ang paaralang ito.

Maaaring makapunta sa iba't ibang lugar ang mga mag-aaral sa Le Monde sapagkat sila ay sumasali sa iba't ibang patimpalak, pagsasanay, at mga pantas aral na makadaragdag sa karanasan ng isang magaaral, isa ito sa kanilang pamamaraan upang mahasa at maging mas mahusay pa ang mag-aaral.

Makatutulong ang kanilang mga gawain sa kanilang mga mag-aaral upang paunlarin ang pakikipagtalastasan at marami pang makilalang iba't ibang tao mula sa iba't ibang sulok ng bansa. Ang paaralang Le Monde



ay multikultural kung saan maraming mga mag -aaral na mula sa iba't ibang kultura kaya hindi mahihirapan ang PSGEAN na makihalubilo sa iba.

Panayam sa Kinatawan ng Le Monde Institute of Hotel and Tourism Studies

Tagapanayam: Saan nagmula ang inyong interes upang magkaroon ng Career orientation

sa PSG?

"Nagmula ito sa isa sa mga mag-aaral kong Pilipino. Sinabi nila na maaaring pumunta sa paaralan ng PSG upang ipakilala ang Le Monde. Ang paaralang Le Monde ay mayroong iba't ibang mag-aaral na mula sa iba't ibang sulok ng mundo kung kaya't hindi mahihirapang makihalubilo ang mga mag-aaral.

Tagapanayam: Ano ang maibibigay ng iyong paaralan sa mga mag-aaral na nais tumungo rito?

"Ang mga mag-aaral na nais ng pakikihalubilo, pakikipagtalastasan, pagluluto, pagbabahagi ng karanasan, at kung gusto mong lumibot sa ibang bansa, ang Le Monde Insitute of Hotel and Tourism Studies ang paaralang



dapat nilang pasukan."

Tagapanayam: Ano ang tumtulong sa mga mag-aaral na makamit ang kanyang pinakapotensyal?

"Ang kanyang pagganyak o motibasyon, kung ang mag-aaral ay may layunin sa buhay dapat nilang malaman ito at gawin ang kanilang makakaya upang mapagtagumpayan ito."

Tagapanayam: Anong aspeto ang mayroon sa inyong paaralan upang umuland ang bawat mag-aral?

"Pagpapabuti tungkol sa edukasyon sa Unibersidad lalong lalo na ang pagdaragdag ng mga karanasan na makatutulong sa mag-aaral."

Tagapanayam: Ano ang natatangi sa iyong paaralan?

Ang kakaiba sa aming paaralan ay nagmula sa dalawampu't limang (25) taong karanasan sa Greek Hospitality Market at International Market. Nagbibigay kami napaka-espesipiko at natatanging edukasyon sa mga mag-aaral.

Translation:

New Skills with Passion "Career Day"

The "Career Day" for eleven and twelve grade students was held last March 9. 2022, at ten o'clock in the morning at the Philippine School in Greece. The representative of Le Monde Institute of Hotel and Tourism Studies went to PSG to conduct a seminar on what their institution offers. Students who wish to take Hotel Management and Culinary Arts in college can enter this school. Students at Le Monde can go to different places because they participate in various competitions, training, and seminars that can add to a student's experience. This is one way to hone the knowledge and skills of their students. Their activities will help them to develop communication and get to know many different people from different corners of the globe. Le Monde is a multicultural school with students from different cultures so it is not difficult for PSGEANS to interact with others.

Interview with the Representative of Le Monde Institute of Hotel and Tourism Studies

Interviewer: Where did your interest to have a career orientation at PSG come from?

"The interest came from one of my Filipino students. He said we should go to the Philippine School in Greece to introduce Le Monde. Le Monde has a variety of students from different parts of the world, that's why students will not struggle to socialize."

Interviewer: What can your school offer to students who want to come to Le Monde?

"Students who want socializing, communicating, cooking, sharing experiences, and if you want to travel abroad, Le Monde Institute of Hotel and Tourism Studies is the perfect school for them."

Interviewer: What helps students achieve their fullest potential?

"His/her motivation and strong drive of interest. If the student has a purpose in life, they should know it and do their best to achieve it."

Interviewer: What aspect does your school have for every student to thrive?

"Improvements regarding university education, more especially on the experiences that will help the student."

Interviewer: What is unique about your school?

"What makes our school unique comes from twenty-five (25) years of experience in the Greek Hospitality Market and the International Market. We provide very specific and unique education to students."

Ikasiyam at Ikasampung Baitang, Nagpamalas ng Galing sa Palabigkasan ni Erchelle Jayrine Pagdilao



angking Nagpamalas ng galing at husay sa palabigkasan ikasiyam ikasampung at baitang noong ika-31 ng Marso, 2022 sa ganap na ika-11 ng umaga entablado paaralang ng Philippine School in Greece.

Naganap ang Talumpatian ikasiyam na Baitang ng Pagbigkas ng Tula naman ikasampung baitang. Kasabay ng pagtatanghal na ito ay ang mga gawain pa sa asignaturang TLE.

Kitang-kita sa mag-aaral na pinaghandaan nila ito nang maigi at may husay upang



maging matagumpay at kaaya-aya ang pagdiriwang na ito na bahagi ng kanilang proyekto sa asignaturang Filipino.

hurado mga Pagbigkas ng Tula at Talumpatian mamangha ay sina Ginang Gracia Célia Nickel, pagdiriwang sapagkat ang mga Ginang Luz Taa, Ginang Wilhelmina mag-aaral ay nabigyan ng pagka-Buado, Binibining Jasmin Imperial kataon upang maipakita nila ang at Binibining Hermiline Athina kanilang husay at galing sa Bravo.

Sinimulan ang Talumpati ng mga mag-aaral sa ikasiyam na baitang at ito ay sinundan ng mga mag-aaral sa ikasampung baitang. Ang mga mag-aaral ay naging kabado habang sinasambit ang kanilang mga sariling likhang tula ngunit ito ay naisakatuparan nang mahusay. Sa pagtatapos na bahagi ng pagtatanghal ay sinambit ni Binibining Marvilee Torion, guro sa asignaturang Filipino ng mga mag-aaral sa mataas na baitang ang mga nagsipagwagi sa pagtatalumpati at pagbigkas ng tula.

Ang mga mag-aaral ay nagawaran ng pagkilala dahil sa napakahusay na pagbigkas ng kanilang sariling likhang tula at talumpati. Ang mga nagwagi sa ikasiyam na baitang batay



pangkatang kategorya ay sina Alizandrei Tagalicud at Maria Eleni Galo gayundin ang pangkat nina Johanna Marie Ilagan Constantin Talo. At naitanghal naman bilang pinakamahusay sa talumpati sa ikasiyam na baitang ay sina Johanna Marie Ilagan at Krisana Mae Vicena.

nagsipagwagi Ang mga naman sa ikasampung baitang sa pangkatang kategorya ay sina Derick Astrero at Kristine Mae Castilla, at ang pangkat ni Danica Grace Yadao at Ma. Chrissa Devanadera. Αt ang pinakamahusay naman sa pagbigkas ng kanilang tula ay sina Ma. Chrissa Devanadera Kristine at Mae sa Castilla. lto isang nakaay at kaaaya-ayang palabigkasan.

Translation:

Ninth and Tenth Graders Demonstrated Excellence in Oration

The grades nine and ten students showed off their excellent oration skills last 31st of March at 11 a.m. on the school ground at the Philippine School in Greece.

The Oration of the ninth grade and the recitation of the poem in the tenth grade took place. Along with this presentation were some activities in the TLE subject. The students had prepared well for this program to be successful as this was part of their Filipino project.

The event was evaluated by Mrs. Gracia Célia Nickel, Mrs. Luz Taa, Mrs. Wilhelmina Buado, Miss Jasmin Imperial, and Miss Hermiline Athina Bravo, and Mr. Dennis Acerit.

The program started with the Speech of the students in the ninth grade and it was followed by students in the tenth grade. The students became nervous while reciting their poems and speeches but it was executed very well. In the last part of the presentation, the winners were announced by Miss Marvilee Torion, the Filipino Teacher of the high school department.

Students were awarded recognition for their excellent recitation of their poetry and speech. The winners in the ninth grade based on the group category were Alizandrei Tagalicud and Maria Eleni Galo, as well as the group of Johanna Marie Ilagan and Constantin Talo. And the best speech in the individual category in the speech of ninth grade was Johanna Marie Ilagan and Krisana Mae Vicena.

On the other hand, the winners in the group category of tenth grade were the group of Derick Astrero and Kristine Mae Castilla, as well as the group of Danica Grace Yadao and Ma. Chrissa Devanadera. And the best in the individual category in reciting their poem were Ma. Chrissa Devanadera and Kristine Mae Castilla. It was an amazing and enjoyable celebration because the students were allowed to show off their excellent oration skills.

Front row seats to the Tea Party The Garden Tea Party in PSG

By: Maria Zaira Beatrice Dio





As part of Grade 7 Hera, I had first-hand experience of the Tea Party. I could say it was fun, interactive, and engaging. Students from Grades 7, 9, and 10 had their fair share of fun last March 31, 2022, at the PSG School Ground- where the Garden Tea Party took place.

The party was one of the highlights of Exhibit Fair 2022, organized by the TLE teachers Mrs. Shirley Manigbas and Miss Ellaine Joy Vicedo. Students with sweet tooth were satisfied! Cookies, candies, coffee, and tea were just among the variety of snacks and beverages courtesy of the students themselves!

Students were tasked to bring their respective potlucks to the party. Some brought doughnuts and sweets, some brought sandwiches, and biscuits. Coffee and tea were also served. Tables designated to the teachers were decorated with paper flowers courtesy of the students. Part of the program was card giving! Thoughtful students made personalized cards to show their appreciation for the teachers.

The students under Ms. Shirley Manigbas show-cased their kitchen miniatures and basic stitches.

Although it wasn't sunny, the exhibit fair was fantastic! The performances and showcased projects were admirable. The students learned to prepare and create amazing ideas. Both students and teachers enjoyed the performances whilst munching on their tasty snacks..

The grade 7 students that participated in this event have prepared to showcase their hard-worked projects, snacks, and decoration for everyone in front of the judges. They have prepared snacks and decorations for everyone with fun and excitement.

The Garden Tea Party was one of the activities in Exhibit Fair 2022. The other activities were held by Ms. EJ Vicedo, Mr. Arjay S. Hugo, and Ms. Marvilee Torion.

The skills and knowledge learned by students were many. Students were taught the importance of time management and preparation. Furthermore, the cleanliness and right placements of tables and chairs. Party wouldn't be possible without the ever-jolly master of the ceremony Ms. Marvilee Torion.

Learning in Real Life Stuation

Immersion of Grade 12 Students

By: Loren Mariel Galarse







The Grade 12 students were lucky and filled with gratitude to be given a chance in having an experience of being interns, with the help of the school's principal Mrs. Gracia Celia Nickel. The internship of the Grade 12 students took place in Eastern Mediterranean Maritime Ltd (EastMed).

From the office work given to the students during the internship, the Grade 12 students got to learn and practice different skills. Mainly, we have to be enthusiastic about what we do. As interns, the students discovered it's essential to be enthusiastic, open to learning new skills, asking for more work, and being curious to learn through asking questions. This attitude will show that you enjoy being part of the team and that you're eager to help. Having curiosity and enthusiasm guarantee that as an intern, you will get a lot out of your work which will lead to countless opportunities.

In addition, communication is the key to success in a professional environment. Asking for help and clarification is better than pretending you've understood what you need to do, no matter what. Avoiding asking questions if you can find answers elsewhere is part of being a good communicator, keeping in mind that everyone's time is valuable. As an intern, good communication will help with productivity, efficiency, engagement, and growth.

The two weeks internship gave the students a memorable experience, and also a lesson or guidance in what the future holds. Thus, it was the students' first internship experience, it was an eye-opener for the students, teaching them the fact that there will be more of these experiences, such as dealing with different people, that are about to come in the future.

Grazing Table and Fine Dining for TLE 9 and 10

By: Danica Grace Yadao







On the 31st of March 2022, Thursday, the Grade 9-Ares and Grade 10-Athena performed their TLE Practical Examination for the 3rd Quarter.

The Grade 9 students worked on the Grazing Table, while the Grade 10 students prepared the Casual Dining. Both grade levels, especially the Grade 10 Service Department, organized the venue on the school grounds. As well as, the food prepared in the TLE Room in which platters were set by the Grade 9 and cuisines made by the Grade 10 Kitchen Department. The students involved in the Practical Examination have worked hand-in-hand to make the event a successful one, along with the guidance of their TLE subject teacher and event manager, Ms. Ellaine Joy Vicedo, and the student managers - Alizandrei Tagaligud from Grade 9 and Erchelle Jayrine Pagdilao from Grade 10. Not only

that, the Grades 9 and 10 also presented their performance task in Filipino during the event that served as their project for the 3rd Quarter. Grade 9 performed *Talumpati*, while Grade 10 performed Spoken Word Poetry or *Tula*. They got to do their Filipino performance with the help of their Filipino subject teacher, Ms. Marvilee Torion.

By the end of the event, certain students were shortly awarded for their performance tasks in Filipino. Alizandrei Tagalicud, Maria Eleni Galo, Constantin Talo, and Johanna Marie Ilagan were among the Grade 9 students awarded. Some Grade 10 students, namely Chrissa Devanadera, Danica Grace Yadao, Derick Astrero, and Kristine Mae Castilla were awarded. Furthermore, the immediate feedback from the guests, especially from Mrs. Gracia Nickel, Celia congratulating the students for a job well done, and the principal pointed out how delightful the experience was, such as the venue set up, service, food, and performances. The students may be tired after all the preparation and work, but they were truly grateful and happy that their efforts had paid off and appreciated as the event was successful and remarkable.



By: Krystelle Mae Lunggay



Last March 17, 2022, the Diplomats of the Embassy of United Arab Emirates visited the Philippine School in Greece headed by Mrs. Eman Al Zeyoudi, Charge' Affairs, Mrs. Maha Al Zeghan, Media Researcher and Mrs. Cleopatra Yousuf, Political Researcher. This is a good start for the Arabic community and the Filipino community





to create a bond to help one another. Before the visitation, PSG prepared a Philippine Folk Dance with the performance of the grade 5 and grade 6 students with Ms. Mary Ann Saveron and Mr. Arjay Hugo under the supervision of Ms. Saveron. It was a really fun time preparing for the dance. After welcoming the Arabic Diplomats, the faculty and staff tour them in the school and to see the Arabic students in the school.

The United Arab Emirates helped our school by donating books for





our Arabic students. We're thankful for the bond that started through this visitation.

Ημέρα της Ελληνικής Ανεξαρτησίας

By: Pheevos Asuncion



Imaged from: Greek City Times

Η φετινή Ημέρα της Ελληνικής Ανεξαρτησίας γιορτάστηκε περήφανα από πολλούς Έλληνες σε όλη τη χώρα αλλά και ολόκληρο τον κόσμο. Μαθητές ντυμένοι στα χρώματα της Ελλάδας, μπλε και λευκό παρέλασαν στους κεντρικούς δρόμους κρατώντας την ελληνική σημαία. Παράλληλα, στην μεγάλη στρατιωτική παρέλαση στην Αθήνα άνδρες και γυναίκες των ενόπλων δυνάμεων και των σωμάτων ασφαλείας παρέλασαν εκπροσωπώντας την ελληνική δύναμη και υπερηφάνεια. Καθώς το PSG βρίσκεται στην πρωτεύουσα της Ελλάδας, μαθητές σαν εμάς, παρόλο που είμαστε αλλοδαποί, γιορτάσαμε αυτήν την σημαντική ημέρα για την χώρα που μας φιλοξενεί θεωρώντας ότι έτσι γινόμαστε σύμβολο ενότητας των πολιτισμών. Σε αυτές τις εκδηλώσεις, που οργανώθηκαν από τους καθηγητές των ελληνικών και συμμετείχαμε όλοι μας ενημερωθήκαμε για τον λόγο



Imaged from: Greek Is

και την σπουδαιότητα αυτών των εορτασμών. Έτσι, η συμμετοχή του PSG στις εορταστικές εκδηλώσεις μιας τόσο ξεχωριστής ημέρας έχει σκοπό να προβάλει τον ελληνικό πολιτισμό στο σχολείο. Ο τρόπος με τον οποίο γιορτάσαμε την Ημέρα της Ελληνικής Ανεξαρτησίας περιλάμβανε παρουσιάσεις για τα σημαντικά γεγονότα της Ελληνικής Επανάστασης, διαδραστικά παιχνίδια και τραγούδια και συνεχίστηκε με την προβολή μίας ιστορικής ταινίας. Έτσι, με την συμβολή μαθητών και καθηγητών οργανώθηκε μια συναρπαστική και απολαυστική εκδήλωση. Αυτή η ημέρα είναι μια μέρα που γιορτάζεται περήφανα κάθε χρόνο από όλους τους Έλληνες σε όλον τον κόσμο. Ποιο είναι όμως το μήνυμα και ο λόγος που γίνονται αυτοί οι εορτασμοί; Για να απαντήσουμε σε αυτό το ερώτημα πρέπει να ταξιδέψουμε πίσω στον χρόνο.

Για αιώνες η Οθωμανική Αυτοκρατορία με την επικράτειά της εκτεινόταν στις ακτές της Μεσογείου, την Ερυθρά Θάλασσα, τον Περσικό Κόλπο και τη Μαύρη Θάλασσα. Η οικονομική της δύναμη ήταν το κέντρο του εμπορίου μεταξύ της Ασίας και της Ευρώπης. Ωστόσο, πολλές εθνότητές που

καταπιέζονταν από τους Τούρκους δεν ήταν τόσο πρόθυμες να κάνουν αυτή την αυτοκρατορία να κυριαρχήσει περαιτέρω στην Ευρώπη. Η ανελέητη καταπίεση αυτών των εθνοτήτων από τους Τούρκους κατακτητές σε όλες τις περιοχές των κατεχόμενων εδαφών στόχευε στην αποφυγή κάποιας επανάστασης, αλλά φυσικά, αυτό δεν ίσχυε για τα εδάφη που βρίσκονταν στα Βαλκάνια και συγκεκριμένα για την Ελλήδη

Οι Έλληνες κατά την περίοδο της τουρκοκρατίας καταπιέζονταν βάναυσα από τους Οθωμανούς. Η οικονομία τους καταστράφηκε λόγω της κατοχής από τους Τούρκους και τα ανήλικα αγόρια συλλαμβάνονταν για να εκπαιδευτούν ως στρατιώτες και να υπηρετήσουν την Οθωμανική Αυτοκρατορία. Ωστόσο, αυτή η οθωμανική κυριαρχία σύντομα θα έπεφτε με τους Τούρκους να συμμετέχουν στον Ρωσοτουρκικό πόλεμο τον οποίο εκμεταλλεύτηκαν οι Έλληνες και συνέχισαν με εκτεταμένες εξεγέρσεις σε πολλές περιοχές της σύγχρονης Ελλάδας. Πολλές εξεγέρσεις των Ελλήνων ήταν κάπως ανεπιτυχείς, αλλά με το τουρκικό ενδιαφέρον στραμμένο στους Ρώσους, οι Έλληνες μπήκαν στον αγώνα και ξεκίνησαν μια μεγάλη επανάσταση. Μετά από χρόνια αιματοχυσίας και επιτυχιών αλλά και την βοήθεια των Μεγάλων Δυνάμεων της Ευρώπης κυρίως της Ρωσίας, της Γαλλίας και της Βρετανίας, οι Οθωμανοί αποδέχτηκαν την ανεξαρτησία και μετά από μια μεγάλη διάσκεψη καθορίστηκαν τα σύνορα των απελευθερωμένων εθνών στη Βαλκανική Χερσόνησο. Η Συνθήκη της Κωνσταντινούπολης ήταν αυτή που οριστικοποίησε την ανεξαρτησία της Ελλάδας. Αν και τα εδάφη της ήταν ένα μέρος της σύγχρονης Ελλάδας και θα επεκτείνονταν περαιτέρω έναν αιώνα αργότερα, ο ελληνικός πληθυσμός που τελικά απελευθερώθηκε από τον ζυγό της Οθωμανικής Αυτοκρατορίας γιορτάστηκε ευρέως και σε μεγάλο βαθμό από όλο το έθνος ως σύμβολο της Ελευθερίας και της Ανεξαρτησίας από την Οθωμανική Αυτοκρατορία.

Με τα χρόνια αυτής της καταπίεσης να έχουν περάσει η Ελλάδα συνεχίζει να γιορτάζει κάθε χρόνο την Ημέρα της Ανεξαρτησίας της ακόμη και όταν η Οθωμανική Αυτοκρατορία διαλύθηκε αργότερα μετά το τέλος του Α΄ Παγκοσμίου Πολέμου. Ωστόσο, ο εορτασμός από όλους τους Έλληνες στην Ελλάδα σε όλο τον κόσμο χρησιμεύει ως ανάμνηση και ένδειξη ευγνωμοσύνης και αυτή η ετήσια παρέλαση δείχνει την προσπάθεια που έκαναν οι ήρωες εκείνων των περασμένων ετών. Τιμούμε με αυτόν τον τρόπο την αναγνώριση και την ίδρυση της Ελληνικής Δημοκρατίας της και ότι η Ελλάδα χρησιμεύει ως παράδειγμα για



Imaged from: ekathimerini.com πολλά άλλα έθνη που καταπιέζονται και επιθυμούν να ακολουθήσουν το δρόμο τους προς την τελική ανεξαρτησία. Στο τέλος, η ελευθερία μπορεί να κερδηθεί.

Translation:

Greek Independence Day

This year's Greek Independence Day was proudly celebrated by many Greeks around the country and the world. Students dressed in the colors of Greece, blue and white paraded in the main streets holding the Greek flag. At the same time, in a large military parade in Athens, men, and women of the armed forces and security forces paraded representing the Greek force and pride. As PSG is located in the capital of Greece, students like us, even though we are foreigners, celebrated this important day for the country that hosts us, considering that this is how we become a symbol of unity of cultures. In these events, which were organized by the teachers of Greek Language, we were honored to participate. We were all informed about the reasons and the importance of these celebrations. Thus, the participation of PSG in the festive events of such a special day aims to promote Greek culture at school. The way we celebrated Greek Independence Day included presentations important events of the Greek Revolution, interactive games, participated songs, and continued with the screening of a historical film. Thus, with the contribution of students and teachers, an exciting and enjoyable event was organized. This day is a day that is proudly celebrated every year by all Greeks around the world. But what is the message and the reason for these celebrations? To answer this question we must travel way back in time.

For centuries the Ottoman Empire with its territory, extended to the shores of the Mediterranean, the Red Sea, the Persian Gulf, and the Black Sea. Its economic strength was the center of trade between Asia and Europe. This has been the critical position for the powers of Europe that have served them well for centuries. However, many ethnic groups oppressed by the Turks were not so willing to make this empire further dominate in Europe. The ruthless oppression of these ethnic groups by the Turkish occupiers in all areas of the occupied territories was aimed of preventing a revolution, however, this did not apply to the territories in the Balkans and specifically to Greece.

The Greeks during the Turkish occupation were brutally oppressed by the Ottomans. Their economy was ruined by the Turkish occupation and underage boys were arrested for training as soldiers and serving in the Ottoman Empire. However, this Ottoman rule would soon fall with the Turks taking part in the Russo-Turkish war. This was exploited by the Greeks and continued with extensive uprisings in many parts of modern Greece. Many Greek uprisings were somewhat unsuccessful, but with Turkish interest turned to the Russians, the Greeks entered the struggle and started a great revolution. After years of bloodshed and success, but also with the help of the Great Powers of Europe, mainly Russia, France, and Britain, the Ottomans accepted independence. After which, a great conference the borders of the liberated nations in the Balkan Peninsula were determined. The Treaty of Constantinople was the one that finalized the independence of Greece. Although its territories were a part of modern Greece, these were expanded furtherly. The Greek population that was finally liberated from the yoke of the Ottoman Empire was continuously celebrated by the whole nation as a symbol of Freedom and Independence from Ottoman Empire.

After the years of oppression were over, Greece continues to celebrate its Independence Day every year, even when the Ottoman Empire disintegrated later after the end of World War I. However, the celebration by all Greeks in Greece around the world serves as a memory and a sign of gratitude. The annual parade shows the effort made by the heroes of those past years. We honor this recognition and establishment of the Hellenic Republic of Greece, which serves as an example for many other nations that are oppressed and want to follow their path to ultimate independence. In the end, freedom can be gained.

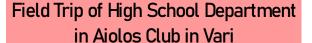
Field Trip of Elementary Department in Attica Zoological Park in Spata

By: Krystelle Mae Lunggay









By: Princess Javier and Johanne Mariea Ilagan







Last May 12, the elementary department had a field trip to Attica Zoological Park in Spata. All the kids were happy and excited to see all the different kinds of animals such as birds, lions, tigers, hippopotamus, bunnies, goats, flamingos, horses, turtles, different kinds of birds, reptiles and more. Even I, was excited because it was my first time visiting the Zoo here in Greece.

It was a very fantastic experience. I hope some day we will be visiting the zoo again. Sadly there wasn't a dolphin show but there was a penguin show. We weren't able to see the elephants, dolphins, and bears because they were renovating the place to make it better. I'm very happy that our field trip was a successful one. I'm glad that everyone was safe and they were happy with our field trip. I'm looking forward to another field trip with the students and teachers.

The Field Trip of High School last May 19 at Aiolos Club in Vari. The Grade 7 and 8 were ecstatic and delighted about the games and activities they would be participating in during the field trip. The field trip was one of our long-awaited experiences that they hoped to enjoy, and it finally happened. We will be able to go out in the classroom and play while learning.

The students played "patintero", and each team are eager to win the game. They also played a game called "Agawang Panyo" in which they had to grab a towel from one of the teacher's hands, but only if their assigned numbers were called. The students of Grade 7 and 8 enjoyed the field trip because there are a lot of games. We ate together at the McDonald's for our lunch and went back to school. It was a very calm and restful day for us and it is indeed true that experiences teach us a lot of things about life and having field trip helps us to understand that learning is not just applicable in the classroom.

Lakbay Aral sa Lefkada

ni Erchelle Jayrine Pagdilao



Ang Lakbay Aral sa Lefkada ng mga mag-aaral sa ikasampu, ikalabing-isa at ikalabindalawang baitang ay ginanap noong ika-9 ng Mayo, 2022. Ito ang Lakbay Aral ng mga nasa mataas na baitang kasama ang ilan sa mga mag-aaral ng ikasampung baitang. Umagang-umaga, inihanda na ng mga mag-aaral ang kanilang mga sarili upang maglakbay patungong Lefkada. Umalis ang bus sa tagpuan ng ika-6:00 sa umaga at nagsimulang maglakbay. Sa bus, pinangunahan ni Binibining Jasmine ang panalangin upang gabayan kami sa aming paglalakbay.

Ang aming unang lugar na natunghayan ay ang Corinth Canal at nanatili roon ng mga 30 minuto at ang aming pangalawang natunghayan ay ang Rio Bridge at ang pinakahuli ay ang Lefkada Town bago kami pumunta sa aming tutuluyan (hotel). Sa Bayan ng Lefkada, naglibot-libot ang mga mag-aaral at naghanap ng restawran upang makakain sila ng kanilang pananghalian.

Mahangin ngunit maaraw at ang tanawin ay nakapapawi ng pagod at nakakakalma. Ilang sandali pa ay nakarating na kami sa aming hotel. Nang nakarating ay nagsimulang pumasok at pumunta sa aming silid. Ang silid ay kaaya-aya at may magandang tanawin. Lahat kami ay inilagay sa isang bungalo na sadyang napakaganda sapagkat magkakalapit lamang kaming lahat. Inalis namin ang aming mga damit sa aking bagahe at nagpahinga ng kaunti at pagkatapos ay oras na para sa aming mga aktibidad. Mayroong limang mga koponan na kinabibilangan ng dilaw, luntian, bughaw, itim, at pulang pangkat. Ang mga tagagabay ay ang mga mag-aaral ng ikalabindalawang baitang kasama ang kanilang guro na si Sir Arjay Hugo.

Nang magising ang mga mag-aaral kinabu-kasan, naghanda na silang sumakay sa isang araw na paglalakbay sa Isla ng Meganisi. Dinala kami ng bus sa daungan kung saan sumakay kami sa barko upang ihatid kami sa Isla ng Meganisi. Habang kami ay nasa barko, inilarawan ng kapitan ang aming tinitingnan o dinadaanan, kaya't malalaman namin ang kasaysayan nito at ito ay kasiya-siya. Makalipas ang kalahating oras, nakarating na kami sa Isla ng Meganisi at naglibot sa Isla.

Bumalik na kami sa daungan at nagtanghalian sa isang restawran kung saan tanaw ang mga barko. Masarap ang souvlaki at talagang natuwa kami rito. Ang aming susunod na pupuntahan ay sa Dimosari Waterfalls at umabot kami ng halos tatlumpung minuto upang makarating doon. Pagdating namin doon, kailangan naming maglakad ng mga labing limang minuto upang makita ang kaakit-akit na mga tanawin ng talon. Ang Dimosari Waterfalls ay isa sa mga lugar na dinarayo ng mga turista sa Lefkada kung saan ang daan ay mabato.

Nagtungo kami sa Porto Katsiki na nakamamanghang lugar upang magtampisaw sa dagat. Sa kasamaang palad, hindi kami madadala ng bus malapit sa dalampasigan kaya kinailangan naming maglakad upang makarating sa dalampasigan. Para sa mga gustong pumunta sa dalampasigan, naglakad sila hanggang sa marating nila ito. Habang nasa byahe kami, maaraw at nakapapagod talaga datapwat sulit naman dahil sa tanawin. Nagpahinga kami saglit saka pumunta sa sunod na destinasyon namin na nasa tabing dagat ng Vasiliki. Dito na kami kumain ng tanghalian pero may mga mag-aaral na lumangoy dahil may kaayaayang buhangin ang tabing dagat. Naghapunan kami sa hotel at pumunta sa Lefkada Town para mamasyal sa gabi. Sarado na ang ilang tindahan ngunit nakabili naman kami ng mga pasalubong. Nakabalik kami sa hotel bandang ika-12:00 ng hating gabi kaya nagpahinga kami dahil kinabukasan ang huling araw namin sa Lefkada.

Nagising na ang mga mag-aaral, naghanda, at nag-almusal. Oras na upang bumalik sa Athens, at sa huling pagkakataon ay kumuha kami ng ilang mga larawan na magkasama. Ang buong paglalakbay na ito ay talagang nakabibighani at ang mga mag-aaral ay nakapagpahinga ng kanilang mga sarili sa loob ng biyahe. Ang Lakbay Aral sa Lefkada ay nagbigay sa amin ng pagkakataon upang mas makilala ang isa't isa nang mabuti. Sa ganitong paraan, mas magiging magkakaugnay tayo at magkaroon ng mas mahusay na pang-unawa sa lahat.

Ang paglalakbay na ito ay napuno ng lubos na kaligayahan at pakikipagsapalaran. Sabi nga nila, ang proseso ng isang paglalakbay ay ang mismong kaligayahan sapagkat ito ang oras upang makapagpahinga sa kalmadong tanawin at sa sariwang simoy ng hangin. Ang mga aktibidad ay nakatulong sa amin upang makabuo ng pagtutulungan ng magkakasama. Walang nang mas kasiya-siya kaysa sa pagiging konektado sa isa't isa sa isang paglalakbay.

Translation:

Field Trip of Senior High School in Lefkada

The Field Trip of Grades 10, 11, and 12 in Lefkada happened on the 9th of May, 2022. It was the Senior High School's Field Trip with some of the Grade 10 students. Early in the morning, the students have prepared themselves to travel to Lefkada. The bus left the meeting place at 6:00 a.m. and started traveling. On the bus, Ms. Jasmine led the prayer for guidance for our trip.

Our first stop over was in Corinth Canal and we staved there for about 30 minutes. Our second stop over was before the Rio Bridge and our last stopover before we went to our hotel was in Lefkada Town. At Lefkada Town, the students roamed around and searched for a restaurant for them to eat their lunch. It was windy yet sunny and the view was soothing and calming. After a while, we arrived at our hotel. We checked in and went to our room. The room was decent but got a nice view. All of us were placed in a one bungalow which was really nice because we were all neighbors. We unpacked our luggages and got a little rest and afterwards it was time for our activities. There were five teams which included the Yellow, Green, Blue, Black, and Red Team, The facilitators were the Grade 12 students together with their PE teacher, Sir Arjay Hugo.

As the students woke up the next day, they got ready to go on a one day cruise in Meganisi Island. The bus took us to the port wherein we took the ship to take us to Meganisi Island. While we were on the ship, the captain described what we were looking at or passing by, therefore we would know the history of it and it was enjoyable. Half an hour later, we arrived at Meganisi Island and took a tour around the Island. We then went back to the port and had lunch in a Restaurant with the view of the ships. The souvlaki was delicious and we were really happy with it. Our next destination was in Dimosari Waterfalls and it took us about 30 minutes to get there. When we got there, we needed to walk for about 15 minutes to actually see the captivating view of the flowing waterfalls. The Dimosari Waterfalls was a tourist spot as well and the way was rocky.

Our third day was more on swimming because we went to Porto Katsiki Beach, which was stunningly amazing with the view of the beach. Unfortunately, the bus couldn't take us near the beach, so we had to walk to get to the beach. For those who wanted to go to the beach, they walked till they had reached it. While we were on our way, it was really sunny and tiring but it was worth it because of the scenery. They swam to the beach and it was worth walking to that beach but when we went back, it was exhausting. We rested for a bit then went to our next destination which was in Vasiliki Beach. We have taken our lunch here but some of the students took their time swimming because the beach had white sand. Afterwards, we went back to our hotel and did our last two activities

Students have woken up, got ready, and ate breakfast. We waited in the lobby for us to check out to the hotel and walked round the place for the last time. Time to go back to Athens, and for the last time we took some pictures together. This whole trip was really captivating and students were able to rest themselves within the trip. The Field Trip in Lefkada was meant for bonding together and getting to know each other better. In this way, we will be more connected and have a better understanding of everyone. This trip was filled with ecstasy and adventure. As they say, the process of a journey is the happiness itself because we should just enjoy the time to have a rest in a calm scenery and with a fresh breeze. The activities have helped us to build our teamwork and how we communicate with each other. Nothing is more enjoyable than being connected with each other on a trip.

Get Sports, Get Strength

Sports Festival and Culminating Activity

By: Danica Grace Yadao

















The Sports fest and Culminating Activities of the Philippine School In Greece are finally back in this school year 2021-2022. It was a five-day event, from May 30 to June 3, 2022. Everyone was excited about it as the school was not able to organize sports fest in the previous years due to the COVID-19 pandemic. The Elementary and High School students were divided into two teams, namely Red Dauntless and Yellow Candor. There are meanings behind these team names – Dauntless is for Fearless while Candor is for Truthfulness. However, the Senior High School students from Grades 11 and 12 served as facilitators, managers, and officials during the entire event. The five-day event included the Sports Games, Opening Ceremony, and the Culminating Activities.

The students were warmed up and got ready to begin playing sports and games. The playing of sports and games have already started before the Opening Ceremony. During the Opening Ceremony, Red Dauntless and Yellow Candor were introduced then went through several fun little games and activities. On this day, each grade level also prepared their own different meals to share as they had their lunch fellowship together as a class. The Culminating Activities on the last day, really reflected varying cultures and talents from PSGean students and educators. The Philippine Ambassadors have also come for a visit to witness the talents and capabilities that the PSGeans have to offer through the performances they practiced and worked hard for. The students have performed some dances, singing and playing of musical instruments, stage and role playing, and other sorts of performances. To name a few performances - Tinikling, Itik-itik, Pandanggo sa Ilaw, Masskara Festival Dance and more cultural dances were performed by the elementary levels and selective students. Yating Zan, who was seen outdoors playing Guzheng which is one of the traditional and national Chinese instruments, was invited in school to perform a song number. Chinese students from Grade 10 along with other companions performed a song number, too. Furthermore, the high school students showed their skill in acting as they did their role play of characters from Philippine Literature Masterpieces "Obra Maestra", specifically Ibong Adarna, Florante at Laura, Noli Me Tangere, and El Filibusterismo. Finally, the Awarding Ceremony and the Announcement of Champion for the Sportsfest was moved and held the following week, June 10, 2022. The awarding of students was done then the overall Champion was announced at last, the Red Dauntless.

The purpose of the event is all about PSGeans having the sense of sportsmanship and fellowship. Winning games and other achievements may have an importance in this event but what matters the most is that everyone, students and staff, got to enjoy and have fun through the games, activities, bonds, and such. Therefore, this event gave PSGeans the chance to grow a connection and showcase their talents and full potentials as they also show their competitiveness and willingness to do and be better.



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FEATURE

Be a Reader, Be a Writer, Be a Problem Solver

By: Dominic Royce Edrozo



Imaged by: jessiccaadraws

Reading, writing and problem-solving are important skills to attain especially in today's modern world. People learn to enhance and strengthen these skills by attending schools that also teach more than the aforementioned topics. But one might ask: Why do you need these skills in life? These rudimentary skills are foundations for people to comprehend and analyze things in life. They help you go through day-to-day tasks and accomplish them without a problem. We're also going to debunk a popular quote that goes along with this topic so keep reading to find out what it id

Returning to the guestion of why we need these skills in life, the answer should be pretty self-explanatory being to be able to survive in the world. Need a little bit more info? These are basic skills people live by such as registering information through reading, being able to relay what you hear or express what's on your mind through writing, and finding solutions to everyday problems in life through problem-solving. You can't survive if you can't properly decide on the product a or b nor can you survive if you don't read and comprehend the rule check both ways before you cross, and nor can you survive if you can't write up your basic personal information. Having these skills are the foundation to survival and in some sense, coexist with one another meaning, you can't properly treat a patient

If you incorrectly diagnose their illness and prescribe the wrong treatment because you'll then also be sued for medical malpractice and if you can't get that sorted, well sorry to say but you're screwed. These are only several instances but in my opinion, definitely prove my point.

Now you might be thinking, what can I do if I am all these things? Well, about anything you want to be! You can be a doctor, a teacher, an entrepreneur, anything you desire! As I've mentioned earlier, these skills are only your foundation meaning you still have a long way to go! A school is a place where you can cultivate and discover more skills and correlate those with your interests and become whatever you want in the world! Granted these things take time, but remember to ' Chase your dreams! ' but not off a cliff meaning don't aim too high up to the point where it is unrealistic instead keep your goals achievable and realistic.

As for the quote mentioned in the beginning, it is.... ' Knowledge is Power'! Now you may be wondering why does it need to be debunked? Well, I'll put it into simple words and you too may change your perspective on this quote. No matter how much theoretical knowledge you have in your brain, it is all useless unless you find a way to use it in real life. In the book 'Surrounded By Setbacks' written by Thomas Erikson, he defines knowledge as ' potential power ' and follows up by saying ' What you are capable of is besides the point. What you know is irrelevant. The only thing that matters when it comes to dealing with obstacles and creating success is what you do.' After reading this chapter in this book, it truly changed my perspective on knowledge and left me with that impression.

In conclusion, be a reader, be a writer, and be a problem solver. Having these characteristics can grant you vast advantages in your life when you encounter problems or events. From these skills, you can also grow and specialize to be in whichever field of specialization you'd want to undertake. Be business-wise. militarily. scientifically, having these basic skills in your toolbox will help you succeed. But always remember, to never forget your fundamentals because from these you can grow in many ways as a person to be a successful member of society.

Healthy Living Versus Stress

By: Ellianah Erich Atchico



Maintaining a healthy lifestyle through diet and exercise and educating yourself about illness, a healthy lifestyle can have better chances of feeling better and staying well. Exercise can also improve general health. Healthy living is way better and easier, it helps a lot of people who can or want to live happy, easy and free, being healthy also means a lot, so you won't experience difficulties and sickness, and by being healthy we can also help others, we can do this all if we choose to live healthy.

Having a healthy lifestyle makes life more enjoyable and the most important thing is a way to keep our body in good condition to accomplish day-to-day tasks, when you're living a healthy lifestyle in your future, it will make all of us have a healthy body and mind. By living a healthy lifestyle you will be fit and you be able to do things that you have never done before. Stress, on the other hand, creates emotional and physical symptoms, uneasiness, fear, tension, headaches, an increase in blood pleasure, and challenges with sleep. However, stress is not always negative but also positive.

Positive stress, also called or known as eustress, promotes growth and accomplishments. It motivates you to keep going. Even so, when stress affects your mental and physical health, it is known as distress or negative stress. Moreover, stress is just painful, it doesn't help us, we will just suffer through depression and anxiety because we chose stress, it is very hard and difficult to experience stress, in addition, people get sick and tired which causes even worse because of stress.

Our lifestyle can have a big impact on how we feel. When we don't take care of ourselves, we can experience some problems. Making healthy choices will help you feel better.

FEATURE



Ang Digmaan sa Pagitan ng Ukranya at Rusiya

nina Johanne Mariea Ilagan at Princess Javier







Imaged from: Yale University



Imaged from: New Delhi Television News Destroyed Buildings due to Russian Bombing

Ang pagsabog ng mga bomba na mula sa Rusiya patungo sa Ukranya ay isang malungkot na balita na mabilis na umalingawngaw sa buong mundo. Maraming pamilya ang nalagay sa panganib at isama na pati ang mga gusaling nawasak ng digmaan, mga taong nawalan ng hanapbuhay, mga taong lumikas dahil sa panganib at ang takot ng mga tao na anumang oras sila ay mababawian ng buhay.

Ang digmaan ng dalawang bansa ay sadyang nakasisira ng ating pananaw datapwat, balikan muna natin ang kanilang nakaraan. Ang bansang Ukranya ay dating bahagi ng bansang Rusiya. Ipinahayag ng Ukranya ang kalayaan mula sa Rusiya sa panahon ng labanan ng maraming bansa sa loob ng ilang taon. Ang kalayaan nila ay nakatanggap ng internasyonal na pagkilala ng

"Treaty of Brest-Litovsk." Kalaunan ay ibinagsak ng mga pwersang Soviet ang malayang Ukranya. Ang "Ukrainian Soviet Socialist Republic" ay itinatag noong 1921, at ang bansang Ukranya ay napabilang sa "Soviet Union" sa sumunod na taon.

Noong Ika-24 ng Pebrero, 2022, naganap ang digmaan sa pagitan ng Rusiya at Ukranya. Ang sanhi nito ay noong 2014 "Ukrainian revolution" na sinundan ng pagsasanib ng Rusiya sa "Crimea" mula sa Ukranya. Dahil sa suporta ng Rusiya sa mga hiwalay na mandirigma mula sa "Donetsk People's Republic" at "Luhansk People's Republic" sa isang digmaan na kumitil sa mahigit isang milyong tao. Mula noon ay nagkaroon ng tensyon ang relasyon ng dalawang bansa.

Bilang isang mag-aaral ng PSG, kami ay tunay na umaasa na ang digmaan sa pagitan ng Ukranya at Rusiya ay matapos na. Malaki ang bunga ng digmaan na ito sa ating mundo. Pinatunayan lamang nito na walang gawang mabuti ang digmaan sa lahat ng tao. Kahit na ang bansang Rusiya at Ukranya lamang ang mayroong iringan ay apektado ang lahat ng tao sapagkat lahat tayo ay magkakaugnay. Labis ang kalungkutan at katanungan kung bakit ang ganitong uri ng digmaan ay nagaganap parin sa ating lipunan. Maraming nasawi, maraming pamilya ang nalagay sa panganib at patuloy na nasa panganib. Ang tanging hiling lamang av matapos na ang digmaang ito at sana ay maging ligtas ang lahat hindi lang ang mga tao sa Ukranya, kundi pati na rin ang mga tao sa buong mundo.

Translation:

The War Between Ukraine and Russia

The bombing of Ukraine by Russia was sad news that quickly resonated around the world. There were many families at risk, people who have lost their job, people who have fled because of danger, and the fear of people that they will be killed at any time.

The war between the two countries is very destructive to our perspective, however, let's go back to their past first. Ukraine was formerly part of Soviet Union. Ukraine declared independence from Soviet Union during the country's national conflict for several years. Their independence received international recognition in the 'Treaty of Brest-Litovsk'. Soviet forces later overthrew independent Ukraine. The "Ukrainian Soviet Socialist Republic" was founded in 1921, and Ukraine was incorporated into the "Soviet Union" the following year.

On February 24, 2022, the war between Russia and Ukraine happened. The cause of it was the 2014 "Ukrainian revolution", which was followed by Russia's annexation of 'Crimea' from Ukraine. Russian supported the separatist fighters from the 'Donetsk People's Republic' and the 'Luhansk People's Republic' in a war that has killed thousands of people. Ever since then, the relations between the two countries have been tense.

As students of PSG, we are genuinely hoping that the war between Ukraine and Russia will be over. The war indeed made a huge impact on our world. It only proves that war does no good to all people. Even if only Russia and Ukraine have this war, everyone is affected because we are all connected. It is very sad and questionable, why this kind of war is still going on in our society? Many were killed, many families were put in danger and continue to be in danger. I hope that this war will come to an end and everyone will be safe not only the people of Ukraine but also the people around the world.



FEATURE



上海的疫情

By: Jason Yang

根据上海市疾病预防控制中心的病毒基因测序结果,导致本轮局部流行的新型冠状病毒大部分是Omicron。这波疫情的发生和发展,也完全符合人类已经掌握的Omicron突变体的特征,与国内其他地区的Ormicron突变体引起的疫情特征基本一致和国外。

一、传播速度快: 这与Omicron 变种引起的感染潜伏期短密切 相关。平均潜伏期为3-4天。如 果没有被检测到,它可以在一 周内传给2-3代。 尤其是在早 期。上海的疫情从2月底开始, 到3月中旬,已经有1000多例, 用了半个月左右; 到3月底,一 万多例,增长了10倍,只用了 10天,到了4月的前十天,累计 病例就超过了10万,只用了10 天左右。 也就是说,本轮疫情 初期,疫情呈几何级数增长, 时间紧迫。截至4月24日,累计 人数已超过50万。 这次疫情比 武汉还大。

二是传播力强:国内外研究表明,Omicron变种的传播力大于之前流感等新冠病毒变种的传播力。如果没有防护措施,一个人平均可以传播9.5人。这是上海一些人口密度高、人员容易集中的劳动力和工作场所发生的聚集性疫情的典型特征。

三是隐蔽性强:上海疫情中, 无症状感染者比例达到90%左 右。以过去10天公布的数据为 例,高位93%,低位85%; 甚至 有症状的病例,症状也比较轻 微,主要是流鼻涕、打喷嚏、 喉咙痛等。患者常误认为是普 通感冒或季节性流感,导致未 能及时就医,这也会使疫情初 期就医。机构能够及时发现的 病例数量已经大大减少,而且 时间久了也不会发现疫情,很 可能造成隐性传播。

正是因为Omicron变种的特性,在本轮疫情初期,当他们发现阳性感染者时,疫情其实已经隐蔽在一定范围内传播,然后通过批发市场进一步迅速传播,菜市场、集体单位等人群聚集场所,直至在较短时间内进一步引发广泛的社区传播,造成目前的疫情。

Translation:

The Epidemic of Shanghai

According to the virus gene sequencing results of the Shanghai Center for Disease Control and Prevention, most of the new coronaviruses that caused this round of local epidemics are Omicron. The occurrence and development of this wave of epidemics are also completely challenging. It is in line with the characteristics of the Omicron mutants that humans have already mastered, and is basically the same as the characteristics of the epidemic caused by the Omicron mutants in other regions at home and abroad.

First, the speed of transmission is fast: this is closely related to the short incubation period of infection caused by the Omicron variant. The average incubation period is 3-4 days. If it is not detected, it can be passed on to one person to another within a week, especially in the early days. The epidemic in Shanghai started at the end of February, and by mid-March, there were more than 1,000 cases, which took about half a month. By the end of March, there were more than 10,000 cases, a 10-fold increase, and it only took 10. By the first ten days of April, the cumulative number of cases exceeded 100,000, and it took only about 10 days. That is to say, in the early stage of this round of the epidemic, the epidemic increased in a geometric progression, and the time was short. As of April 24, the cumulative number had exceeded 500,000. This epidemic is bigger than Wuhan.

The second is strong transmission, Research at home and abroad has shown that the transmission of the Omicron variant is greater than that of influenza and other variants of the new coronavirus before. If there is no protective measure, a person can transmit an average of 9.5 people. This is a typical feature in the clustered epidemics that occurred in some labor and workplaces with high population density and easy to concentrate people in Shanghai.

The third is strong concealment: in the Shanghai epidemic, the proportion of asymptomatic infections reached about 90%. Taking the data released in the past 10 days as an example, the high is 93% and the low is 85%; and even symptomatic cases , the symptoms are relatively mild, mainly runny nose, sneezing, sore throat, etc. Patients often mistakenly think that it is a common cold or seasonal flu, resulting in failure to seek medical treatment in time, which will also make medical treatment in the early stage of the epidemic. The number of cases that can be detected by institutions in a timely manner has been greatly reduced, and the epidemic will not be discovered even after a long time, which is likely to cause hidden transmission.

It is precisely because of the characteristics of the Omicron variant that in the early stage of this round of epidemics, when they found positive infected people, the epidemic had actually spread hidden within a certain range. Then it further spread rapidly through wholesale markets, vegetable markets, collective units, and other crowd gathering places, until it further triggered widespread community transmission in a relatively short period of time. This results in the current epidemic situation.



The Freedom of Ideas

(What Changes does the Education System Need?)

Interviewed by: Ma. Chrissa Devanadera

It is important to recognize the thoughts and opinions of the students of our school. Addressing their concerns and finding ways to solve a problem can help benefit the improvement of the school's education system. This question has been asked to five selected students who gave their opinions on the matter.

Bessalyn Fernandez



In my opinion, one adjustment that needs to be made in the educational system is that students should be divided into groups based on their capabilities. Students learn in different ways, and they should not be promoted to the next level unless they have grasped those skills. Before proceeding to the next phase, teachers should assess the students.

Dominic Royce Edrozo



In my opinion, the school system needs to upgrade its way of teaching such as integrating more technology into the lessons and schoolwork since we live in an age full of innovation. We need also to listen to what the students want some changes to have a harmonious relationship between student and teacher. And generally, we need to upgrade the system to adapt to the modern era.

Krisana Mae Vicena



In my opinion, the education system needs teachers who teach more about the subject by allowing the students to learn by doing. Instead of focusing on the traditional way of teaching the education system, use modern technology. Lastly, for a better education system teachers should teach for the students to have a better school life as well as the teachers.

Krystelle Mae Walis Lunggay



In my opinion, the changes that are needed in the current educational system are that it should have the power to influence other people positively. It should be the one which should be equal to all and it should be the one making a person capable to be in a society with good values. On top of all what we need in the changes of the educational system is the accountability of children at all levels.

Tasneem Yehia



Diversity of time and place. Students will find plenty of opportunities to learn at different times, and in multiple places. E-learning tools provide opportunities for distance learning and self-learning. Classes will become reversed, meaning the theoretical part of the curriculum will be learned outside the classroom, while the practical part must be studied face-to-face and interactively.



Every Student Matters, Every Moment Counts

By: Nonie Paola Aviñante



The fact that children continue to study through the use of books, teachers, and even the Internet proves that knowledge still exists in our humanity. Student life is believed to be both enjoyable and stressful. Requirements, papers, and, most importantly, examinations happen in a student's life, particularly during high school. Student life is supposed to teach each individual wisdom beyond books. Despite this, life is a lot of fun.

In student life, the struggle is little. To be ready for school or college, one must get up early in the morning. Similarly, running to the bus stop is a thrilling experience for students. We are continuously reminded by our mothers to hurry up and not be late. For all mothers, it is similar to a chant. There are also other thrilling times in a student's life. We sometimes forget to finish our schoolwork and then act surprised when the teacher asks for the notebook. With exam time approaching, the fun comes to a halt, but only for a short period of time. Going on picnics and vacations with your friends is one of the most exciting aspects of school life. You get to have a good time and enjoy yourself. Even waiting for exam results with friends can be enjoyable. The essence of student life is found in the small things, such as becoming curious about your friend's grades, becoming jealous if they do

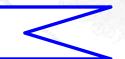
better, and so on. The excitement of a game period or learning about a new teacher. While being a student teaches us discipline, it also allows us to have a lot of fun. It is a period in everyone's life that they will remember.

Everyone's life revolves around their time as a student. Students' and the country's futures are depending on how we conduct ourselves as students. As a result, getting the appropriate advice is critical. Our lives are built on the foundation of our student years. If your foundation is strong, your building will be as well. A building, on the other hand, cannot stand on a shaky foundation. To put it another way, student life assists us in embracing human values.

People don't recognize how fortunate they are to have the opportunity to study. Many children fantasize about having one, yet they never obtain one. As a result, if one is fortunate enough to have an education, one must make the most of it.

Student life will not always be joyful, but it will be rewarding. It encourages us in developing values such as honesty, patience, perseverance, and others as we progress through life.





Δεύτερο σπίτι

By: Julianne Grace Calago

Με το ίχνος της ελευθερίας Προχωρούν οι Έλληνες μπροστά, Με θάρρος μέσα στην καρδιά Και μια σκέψη μοναχά.

Τους εχθρούς δεν τους φοβόμαστε Δεν διστάζουμε ούτε στιγμή, Καθώς ξέρουν πως, « Καλύτερα μιας ώρας ελεύθερη ζωή Παρά σαράντα χρόνια Σκλαβιά και φυλακή » .

Καί με το που είπαν αυτά τα λόγια Όλοι εμείς ξέραμε, Οι καρδιές μας συγκινήθηκαν Από αυτούς που μιλήσανε.

Αυτό το σημείο της ιστορίας, Μας κάνει περήφανους που ζούμε σ' αυτή τη χώρα.

Translation: Second Home

With the trace of freedom the Greeks are moving forward. With courage in their hearts, and the strength of their mind.

They are not afraid of enemies,
they do not hesitate to fight back for a
moment,
As they know how,

«Better an hour of free life
Despite forty years
Slavery and prison»

And with what these words said
We all knew,
Our hearts were moved
From those who spoke.

This point in the history, it is when we are proud, that we live in this country.

ARABIC LITERARY

رمضان شهر الصيام والعبادة (تسنيم يحي)

رمضان هو الشهر التاسع من التقويم الإسلامي الذي يحتفل به المسلمون في جميع أنحاء العالم كشهر للصيام والصلاة والتفكير والمجتمع إحياء لذكرى الوحي الأول لمحمد ، يعد الاحتفال السنوي بشهر رمضان أحد أركان الإسلام الخمسة ويستمر من تسعة وعشرين إلى ثلاثين يومًا ، من رؤية الهلال حتى الشهر التالي.

بدأ وحي الرسول صلى الله عليه وسلم في رمضان من السنة الأولى للبعثة (610 م). وهو حدث عظيم في الواقع، فقد قرر الله تعالى في تلك اللحظة أن يكرم عباده وخلقه، فاختار محمدًا ليكون ملتقى نوره الإلهي وطريقًا للخروج من كل الناس من الظلام إلى النور. أنزل المصحف المسمى بالقرآن خلال شهر رمضان المبارك.

يذهب المسلمون إلى المسجد لأداء صلاة بعد صلاة العشاء المعروفة باسم صلاة التراويح. كما أنهم ينفقون المال على الفقراء والمحتاجين ويقرأون آيات عديدة من القرآن الكريم. رمضان هو أيضا شهر صيام المسلمين من وقت صلاة الفجر إلى غروب الشمس.

Translation: Ramadan: A Month of Fasting and Prayer By: Tasneem Yehia

Ramadan is the ninth month of the Islamic calendar that is celebrated by Muslims around the world as a month of fasting, prayer, reflection and community. Commemorating the first revelation of Muhammad, the annual observance of Ramadan is one of the five pillars of Islam and lasts from twenty-nine to thirty days, from sighting of the crescent to the next month. Focus clearly on your relationship with God.

The revelation of the Prophet began in Ramadan of the first year of the mission (610 AD). And it is a great event in reality, God Almighty decided at that moment to honor His servants and His creation, so He chose Muhammad to be the meeting place for His Divine Light and the way out of all people from darkness to light. He sent down the Holy Book called the Qur'an.

During the holy month of Ramadan, Muslims go to the mosque to perform a prayer after the evening prayer known as the Tarawih prayer. They also spend money on the poor and needy and recite many verses of the Holy Qur'an. Ramadan is also the month of Muslims fasting from the time of dawn prayer to sunset.

ARABIC LITERARY

خلف الوعد

(مايا يحي)

عاد الملك إلى قصره في ليلة شديدة البرودة ورأى عند باب القصر حارسًا عجوزًا يقف بملابس رقيقة ، فاقترب منه الملك وسأله: ألا تشعر بالبرد؟ فأجاب الحارس: نعم أشعر بالبرد ، ولكني لا أملك ملابس دافئة ، ولا خيار لي سوى التحلي بالصبر. فقال له الملك: ادخل القصر الأن واسأل احدا ان ياتي لك بثوب دافئ. حالما دخل الملك القصر نسى وعده.

وفي الصباح مات الحارس وبجانبه ورقة كتب عليها أيها الملك: لقد تحملت البرد كل ليلة بثبات ، لكن وعدك لي بالثياب الدافئة سلب قوتي وقتلتني! أخلاق الحكاية : خلف الوعد من علامات المنافق. ومن كان خالفا للوعد كان علامة على النفاق

قالت العرب: (وعد الحردين عليه). الحراد العرب العرب العرب العرب العرب الحاد الحاد الحاد العرب الحاد الحاد الخاد العرب العرب الأخلاق.

Translation: Breach of Promise By: Maya Yehia

One day, the king returned to his palace on a very cold night and saw at the door of the palace an old guard standing in thin clothes. So the king approached him and asked him, "Do you not feel cold?" "The guard replied, "Yes, I feel cold, but I do not have warm clothes, and I have no choice but to be patient." The king said to him, "I will enter the palace now and ask one of my servants to bring you a warm garment." As soon as the king entered the palace, he forgot his promise, and in the morning the guard was dead, and next to him was a paper on which he wrote, "O King, I endured the cold every night steadfastly, but your promise to me of warm clothes robbed me of my strength and killed me!"

Moral of the Story: If someone did not do what they promise, that is one of the signs of a hypocrisy. The Arabs said, "The promise of the free is a religion. Whoever promised and fulfilled, is a man of word because they believed that the difference between a free man and a slave is not the color of the skin, but the color of morals."

ARABIC LITERARY

رمضان

(عصام محمد علي)

هَو شَهْرُ اَلصَوْمِ وَالْأَجْرِ الْعَظِيمِ . . . جَلَّ فِيهِ اَلصَيْرُ وَانْفَصَ اَلشِقَاقُ بَاغِي الْخَيْرِ فَاقْبَلَ كَيُّ تَرُومُ . . . طُهْرُهُ لِلنَّفْسِ مِنْ شَرِّ النِّفَاقِ بَاغِي الْخَيْرِ فَاقْبَلَ كَيُّ تَرُومُ . . . عَمَّنَا الْخَيْرُ وَأَشْجَانَا اِشْتِيَاقٌ زَارَنَا الْخِيْرُ فَالْمُسْنَى وَتَاقَ نَرْتَجِي فَضِيْلاً لِعَشْرِ فَنَقُوم . . . قَدْ هَفَا اَلْقَلْبُ إِلَى اَلْحُسْنَى وَتَاقَ موسَمَّ اَلْأَعْمَالِ وَالْخَيْرِ اَلْعَمِيمْ . . . يَشْهَدَ اللّهُ عَلَى هَذَا السِبَاقِ فِي لَيَالِي الْقَدَرِ نَحَيَا كَالنُّجُومِ . . . فِي خُشُوعٍ وَخُصُوعٍ وَوِفَاقٍ غَرْوَة أَمْلَتْ لَنَا الدَّرْسُ الْقُويمُ . . . جِينَمَا الْإِسْلَامِ فِي الدُّنْيَا آفَاق غَرْوَة أَمْلَتْ لَنَا الدَّرْسُ الْقُويمُ . . . جينَمَا الْإِسْلَامِ فِي الدُّنْيَا آفَاق خَرْوَة أَمْلَتْ لَنَا الدَّرْسُ الْقُويمُ . . . جينَمَا الْإِسْلَامِ فِي الدُّنْيَا آفَاق خَرْوَة أَمْلَتْ لَنَا الدَّرْسُ الْقُويمُ . . . وَأَرَى النَّفْسَ , حَقُّ الْإِسْنَاقِ ذَهَبَ الْجُمْعُ إِلَى رَدْعِ الْخُصُومِ . . . وَأَرَى النَّفْسَ جَمَالَ الْإِسْنَاقِ لِيَّالَقِ لِنَّ الْمُولَى الرَّحِيمِ . . . وَأَرَى النَّفْسَ جَمَالَ الْإِسْنَاقِ نَطْلُبُ الْعُونُ فِي اللَّيْلِ اللَّهِ لِي الرَّدِيمِ . . . وَأَرَى النَّفْسَ جَمَالَ الْإِسْلَاقُ لِاكُونِ فِي اللَّيْلِ الْبَهِيمِ . . . وَأَرَى النَّفْسَ جَمَالَ الْالِكُونِ فِي اللَّيْلِ الْبَهِيمِ . . . وَأَرَى النَّقْلُبُ يَقِينًا وَانْطِلَاق يَا سَنَاءُ الْكُونِ فِي اللَّيْلِ الْبَهِيمِ . . . وَمْنَحُ الْقَلْبَ يَقِينًا وَانْطِلَاق

Translation: Ramadan By: Isam Mohammed

Is it a month of fasting and a great reward?

He was patient, and dissension was dispersed.

Seeking good and for sure triumph awaits.

purifying the soul from the evil of hypocrisy.

He gave us his kind endeavor.

The goodness of his hand keeps us longing more.

Looking forward to ten more.

Our Heart has turned to goodness and longed for it.

The season of good deeds and great goodness,

God bears witness to this race.

In the nights of fate, we live like the stars,
in reverence, submissiveness, and accord to His Holy plan.

A battle filled us with the right lesson when Islam in the world gives us direction.

The crowd went to fight the adversaries, giving oneself the right to embrace unity.

It is the love that heals the core,
I see the beauty of his consistency
We ask for help from the Most Merciful.
We collect provisions until the day of meeting God.

Hosanna of the universe in the night, give your heart a certainty and a start with God.

TURKISH LITERARY

BULUTÇUK

By: Beyza Banu Artis

Senin dışında hiçbir bulut yoktu,
Gökyüzünde barış taşıyan,
Yumuşak, parlak beyaza bürünmüş,
Sanki hiçbir leke tutamaz gibi.

Rüzgar gökyüzünde ıslık çalarak dans ediyor,
Gezgin bulutu gıdıklıyor
Onun gıdıklamalarıyla tek bir damlan
düşmüyor

Benim neşeli arkadaşım dans eder ve Yakıcı güneşten bizi korur.

Ne çok dilerim herkes seni görsün, Ve beraberinde taşıdığın barışı, Benim sürekli dileğim, Her kayan yıldız gördüğümde.

Zamanın geldi, küçük bulutçuk,
Pak beyazını ve yumuşak kişiliğini,
Yolunu bulmak için rüzgarı takip etme,
Ve barış dolu düşlerini paylaşma zamanın.

Translation: My Dear Cloud

There is not a single cloud except you, which is carrying peace freely across the sky.

Dressed in soft and shiny white, as if no dark spot can stain you in black.

The wind rush in the sky with soft whistles, tickling the wandering cloud.

Its tickles cannot cause shedding even a single teardrop.

My joyful friend dances and,

Protects us from the burning sun.

How I wish everyone could see you, and the peace that you are carrying, that is my constant wish, everytime I see a falling star.

Now it's your time, my dear cloud, to show your pure white and soft character.

Follow the wind to find your path, share your peaceful dreams with the world.



Creative Digital Drawing by: Carolina Gadia

School Life, Scoop of Memories

By: Danica Grace Yadao

There will always be memorable times for every student or child in school, specifically in Preschool, Kindergarten, Elementary, and High School. Schooling may be the best and most memorable chapter in life. In school, we get to make friends, have fun and explore, learn new things, develop, and improve skills. Moreover, learn life lessons, values, and many other things that will surely make us reminisce about our student life in the future someday. Students should enjoy school life as much as possible despite the school work and challenges in life. As school plays an important role in our lives, the memories, and experiences within this chapter contribute to character development and personal growth. Therefore, we should make great memories and make use of what we learn and experience during school life.



Creative Digital Drawing by: Jeremie Toquero and Alizandrei Tagalicud

Wall of Wisdom: Learnings in Life

By: Nonie Paola Avinante

With this school year coming to an end, it simply means that my classmates' and I high school careers end as well. This year truly had its ups and downs. People have finally shown their true colors, whether good or bad, and this has helped each other create relationships, remain in relationships, and end relationships. Ending relationships is not necessarily a bad thing as it only allows for new and more deserving people to enter your life.

Focusing on the "ups" part of this school year, I have created wonderful memories which I will surely cherish for the rest of my life. The laughter, the cries, the deep talks, the gossip, and countless other factors shaped my overall experience as a grade 12 student here in the Philippine School in Greece.

Social Networking: Wonders and Blunders

By: Kyron Owen Quisao



Jed Alcause Grade 6 Student



Christetha Rylyn Avila Grade 8 Student



Sharmeleen Lucas Grade 8 Student

The use of various forms of with all of this. Another common not? Let us find out...

"Do you use social media? If you do, what do you think of it? Is it good or bad?"

(Jed Alcause) - - / think social media is good and bad. Bad, in a way that it may lead you to sites containing bad mation from it.

(Christetha Rylin Avila) - - / believe it is both. In a bad way, people may get influenced badly, some may become depressed and insecure. All of this is due to people's ability to freely post almost whatever they want to the public which others may take negatively. On the good side, it provides much useful information that will give us knowledge and keep us informed of what's going on in the world. This is important especially today, keeping us notified about the state of our environment midst this pandemic.

(Sharmeleen Lucas) - - / think it's both good and bad. Because of social media, you can learn new things from what seems to be unlimited amounts of content it has. However, at the same time, it can influence you negatively, teach you bad things, or even drag vou down, make vou lose confidence, and be hurt emotionally.

From all the answers I have received, we can confirm that social networking indeed has its ups and downs. Looking at each answer, I noticed that they are all similar in a way. A common thing is how social media or the internet, in general, has (Sharmeleen Lucas) - - We should all the information you could want. Unlimited sources are providing you

social networking has completely statement is how it can influence us changed the world in many ways. For negatively. With what seems to be so the good, and also for the bad. much content, you could say there Facebook, Twitter, and Instagram are should be some bad things along with names you most likely hear it. People can also have the ability to commonly nowadays. However, how freely communicate with others or exactly has this all affected us? What share almost whatever they want are the things should we do and what with other users online which can be bad sometimes. A user may also seem to be well-known and admired by others, influencing those other people to do similar things, this can end up being good or bad things.

Let's try and further see content that may influence you nega- how well social networking can do for tively. On the other hand, it is good us. Various platforms produce and because we can get useful infor- provide generous amounts of content and information as said multiple times previously. Not only that, it is quite easy to access all of it as well. With one click or tap, you can receive so many results from various sources and sites containing all the content you desire. Other than this, it can also help you connect with your family and friends easily and help you socialize with other people around the globe. If people have difficulty interacting with others in real life, they may find this as their new way of socializing and interacting with others easier. From hearing all of this, you can say that the internet can be pretty great! But how does it make it bad as well?

"If you use social media, what are the things we should avoid? Give at least 1 example"

(Jed Alcause) - - We should avoid unfamiliar sites that are suspicious, we never know what they can contain.

(Christetha Rylin Avila) - - You should be cautious of the people you meet might . You online encounter cyber-bullying. This is crucial because anyone who experiences cyber-bullying may lead to becoming depressed, and start to feel insecure. Even worse, they might attempt to do something really bad, like suicide.

avoid any possible sources of cyber-bullying and people who are

generally a bad influence on others. This is because we can get into a lot of trouble. We may get hurt emotionally, or even physically sometimes. You might also get involved in any kind of drama you were not originally on your end.

As you can see, cyberbullying seems to be guite common around the internet, social media specifically. The use of social networking may affect you mentally and emotionally. The news informing you of events causes you to now know about it, receiving a compliment online makes you happy. In contrast to that last example, you can be insulted. discriminated against, ridiculed and bullied. This would make the user sad. If all this bullying continues, the state may get worse making you depressed and insecure, all that leading to suicidal thoughts and eventually, your end. If things get bad you should simply avoid and ignore them, tell someone about it that can help you. Don't let others' words make you feel bad! And from the first answer, we have some suspicious sources that we are unfamiliar with. You really should not visit any suspicious sites you are unsure of what they hold. It can be something inappropriate, something that might influence you for the worse. Always be careful when dealing with these. For all we know, if you have some private data saved securely somewhere in your device, there might be a site out there that is dedicated to bypassing any set barrier and gaining access to said data.

I think we now know enough about social networking. Its features, and its advantages and disadvantages. Some examples that provide the things said earlier are platforms like Twitter and Facebook. Not only simple applications like that, but even the news you see on television counts as social media. What are some other examples of these platforms? Do all these provide

only factual information?

"What is your favorite social media application, and why do you use it the most?"

(Jed Alcause) - - My favorite social part of, and, bad things might happen media app is called TikTok, all the videos on the app keep me entertained and I enjoy watching

> (Christetha Rylin Avila) - - My favorite app has to be TikTok. There, it is well known for all the dances but that is not all, it also provides countless content wherein you can learn something new regarding any topic.

> (Sharmeleen Lucas) - - / like Facebook, because it keeps me connected with others, it informs me on what is going on with them. Whether I should be happy for them or if they need help, they can just post or text me and I would know! This helps me interact with others regardless of proximity, it is as if we are never separated.

Another example of a social media platform we now find is TikTok. This social media platform has a billion users and the content is just never-ending. It is well known for all the entertaining videos it has, it also gives you the ability to communicate and interact with other users. On top of that, like other platforms, there is also content that is informative and can help you sometimes. This shows that social networking can also give us some form of entertainment to us. a fun way to pass the time.

We have talked about guite some things about social networking and why it's good and bad. We could say we are informed and educated regarding this matter. All in all. I can say that social networking is a really good addition to our modern world and helps us in many ways. It may be bad at times, but it should be up to us to avoid or maybe even prevent those types of things from forming. Use social networking with care, use it responsibly, and be safe!



My PSG Journey

By: Maria Akisha Rose Pajarillo

PSG is a place that garnered me memorable moments and will forever be my second home. As a PSGean, I have experienced ups and downs, which I believe teach each one of us to be a better version of ourselves. When you reach your lowest, there is no place to go but up. We experience wars, conquer, bleed, and heal once again.

Writing this made me rethink my time here in PSG; there was nothing but sweet, funny, and embarrassing stories. Nonetheless, these memories will stay dear to my heart no matter how simple they may be. One example of this is the time in first grade, my friends and I would play a game called 'House, House" in which we pretended to be furniture, from cabinets to chairs, a bed, and even a toilet. It was a simple game, yet it brought so much laughter which to this day still echoes in my head. This showed me that special memories don't have to be grand or involve new experiences; being with the right people who make you laugh or even smile makes it a memorable experience.

Another memory I recall is a time with my mother during my elementary days when I used to sit with her and go through hundreds of pages. Personally, it made me happy as I got to spend time with my mother, and thanks to her, I passed most of my classes with flying colors. My mother will forever be my best and first teacher, and I will never forget these special moments.

I have a plethora of stories to tell but I believe these are my most memorable ones. I would just like to remind any PSGean that no matter how young or old you may be, you will always have unforgettable memories which teach you even the simplest of lessons. My time at PSG, I believe, shaped me into a better person and helped me be a creative, smart, kind, generous, and friendly person due to my friends, classmates, and especially my teachers which I believe was the most important lesson they have taught me.

Remember, we are still young, and we conquer new things every day and that helps us become stronger physically and mentally. Mistakes happen and don't degrade your intelligence just because of a low grade on an essay or exam. Your creativity, friendliness, and special skills are what makes you smart and special in every way.

I will forever be a PSGean by heart, mind, and soul, as it is what made me who I am today. I, Akisha Pajarillo, now signing off.

When Things Go Wrong

By: Stephen Adrain Barariro and Miko Alexi Rico

When things go wrong, leaving you battered and bruised,
Will you give up and be put six feet under?
When life takes a turn, leaving you scattered and confused,
Will you let your life be put asunder?

When things go wrong, and you have nothing but questions,

Will you stay with no answers?

When life takes a turn, and you know no actions.

Will you stop and not move like dancers?

It's when things go wrong that you should never quit.

Because the more you give up, the more it will crack

It's when life takes a turn, you shouldn't throw a fit,

Because of them, you will not know how to react.

Things go wrong, nothing is perfect.
So keep that in mind before your mental health gets wrecked.

"The Mirror of Myself " (Reflective Thoughts)

By: Precious Jennel D. Malinis and Grade 7 Students

In each life, many experiences could qualify as life-changing. Every new experience is, at one time or another, a source of light and wisdom. For good or bad, each instance changed the course that each life has taken. But, the most transformative experience is the birth of a new beginning. We want to be inspired more. We soar high! We dream big! We create a new story! As we see ourselves on the new horizon of life, we amazingly compare ourselves to what we think we can greatly achieve the best that we can be!







Phoebe:

The image that would describe me as a person, is a tree. The reason I chose the tree is that, even though I've been through hard times and difficulties, I still stay strong no matter what. I get hurt with words, actions, and more. But no matter what happens I will always stay strong and face dangers in my life. I will not let anyone stop me.

Aisha :

I compare myself to a river because I keep going toward my dreams. All the difficulties that I face, I solve them. Every step I do, I go forward even if it's hard. I will always try to do the best.

Ellianah :

The image I chose that would describe myself as a person is a river. I chose the river because the river rushes through rough paths and many difficulties that come. Just like me, I've gone through rough times and have experienced difficulties. There will be trials and problems that will come along, I will keep moving forward. Although, in the end both rivers and I will gain success.

Roselle :

I describe myself as a tree because when you take care of it properly, it will bear good fruits and flowers. As it grows, it experiences natural disasters such as typhoons, fires, floods, and more. Like me, my parents always take care of me. They always teach me to be a good person. As I grow, I also face some challenges and because of these challenges, I learn more knowledge that can help me achieve my dreams.

Rouba:

I compare myself to an eagle. I chose it because the eagle is flying and trying to find some food to eat meaning I don't have to stop searching for the things I want to look for. I don't have to give up easily, even if it is that hard to find many things. I still have to do my best to reach the thing that I've been searching for.

Luis:

I compare myself to a river because I like going with the flow and being relaxed. There will be blockages in life but I will find a way to keep moving forward like a river. Sometimes when things are okay I will be calm but sometimes I will flood like a river and will keep going forward until my downfall and rise again!

Precious:

The image I describe myself as a person is a river. I see myself as a river because I try to give time to school, studies, family, and friends. After all, the time for people and work makes memories for me to learn while going forth on my journeys. If anything blocks me from going forward I won't give up until I reach my destination. I will make my way out of it even though It will take a lot of energy, time, and a strong heart I know I can still do it. I do accept all and go through all situations because I know I can't run away from them! All I need is to live my life to the fullest!

Zaira :

I chose the tree because it resembles me the most. When the wind and storm hit, I will not fall for my trunk and my roots are the strongest and most firm. My branches depict my knowledge and will continuously grow and learn more about the universe. Anyone may live on my body or get shades, I am willing, to help anyone and give what I can and what I have. The leaves depict my hope and my learning, I adapt to my environment and survive.

Roua :

I compare myself to a running river. Why? Because I'm running after my dreams without stopping until I reach my dreams. Searching, learning, and running forward without stopping, no matter what difficulties I meet I have to keep going forward with my dreams. And I promise to myself, I will do my best always!

Waleid:

I compare myself to an eagle. I fly high to reach my dreams and seek my future. I try my best to do things neatly and with responsibility. Everyone has abilities as elegant as the eagles. Just like this incredible bird, I believe, that in the sky are endless possibilities!

Why Do They Have to Look so Heavenly

By: Johanna Marie Ilagan and Constantin Talo

Why do they have to look so heavenly,

As heavenly as a blooming flower,

The sweet and pure beauty of a lily,

Whom I can love and adore forever.

The happiness and joy felt eternal,

Sweet melody and music to the ear,

Exciting feelings kept in a journal,

Heartbeat like fireworks of a happy year

I'm in love with you like madly in love

The moment I caught a quick glimpse of you

I wondered what is it that you have

That beauty and grace of yours is it true?

A sweet and light sensation in the mind, Feelings of love that anyone can find.

Sonnet (When there's Hope)

By: Tisha Kirsten Luis and Krisana Mae Vicena

When there is hope, shall I believe in all?

Buch that gloomy and sad days comes around.

Must I be a sole in a world so small?

To trust one's heart none other can abound.

All youth is fraught with hope in there eyes,

Shall I stay and deem when there is no more?

Fach step in life, should every one be wise?

In all we must embrace with hope to core.

Beyond the night there will always be light,

Of such slight hope, must we fall and give up?

Through points of days all of us stay in fright,

Yet no way to go down but rise back up.

Find the hope to pursue life and believe,

Jill one's trust will come and you shall receive.





Kapwa ko Kabataan, Halina't Pangalagaan ang Ating Kalikasan

ni Tisha Kirsten Luis

Kalikasan, kalikasang dapat ingatan Ito'y isang gintong may kahalagahan. Pagmasdan ang kagandahan ng kalikasan, Sapagkat ito ay isang kayamanan.

Marahil kaunti ang may alam, o kaya naman walang may pakialam. Alin ka man sa dalawang iyan, ikaw ay apektado tiyak ng kalagayang iyan.

Unti-unting nagbabago ang lahat. Parang titik na nagbabago ang mensahe batay sa pagkakasulat.

> Ito ang bagay na di mo mapipigilan, kaya antisipasyon ang kailangan.

Halina't pakaingatan ang kalikasan,
sapagkat tayo'y nakikitira lamang.
Huwag gamitin nang lubos-lubos,
at baka sa mga susunod na salinlahi ay maubos.

Mayaman man o mahirap, bata man o matanda, pag siya'y gumanti, walang hindi maaapi.

Translation: My Fellow Youth, Let's Take Protect our Mother Nature

Mother Nature must be taken care of,
It is important as gold and has value,
Look around you and observe the beauty of nature,
Because it is a treasure.

Perhaps few only knows,
or no one cares.
Whichever of those two you are,
You are affected by the circumstances.

Everything changes gradually, it is like a letter that changes the meaning based on the spelling.

This is the thing you can't stop, it will come unexpectedly.

Let's take care of our nature,
because we are the care taker of a beautiful paradise.

Do not abuse it,
and maybe in future generations no one can use it, for it is gone.

Whether rich or poor,
Young or old,
When she take revenge,
No one will have an immunity.

Hanggang Kailan?

ni Alexandra Casabuena

Hanggang kailan ka ganyan? Hanggang kailan ako nandiyan? Hanggang kailan ako aasa sa walang hanggan?

Andaya mo talaga! Alam mo kung pano ako <mark>palamb</mark>utin. Alam mo kung pano patibukin ang pusong madaling paikutin.

Ang hirap, minsan mahal mo ako.

Minsan kailangan mo lang ako.

datapwat kung hindi, nakakalimutan mong
nandito ako.

Minsan sapat ako para sa iyo,

pero kulang parin sa mga kailangan mo.

Parang paraiso sana tayo kaya lang sinayang

mo.

Mahal kita nang labis,

pero bakit ganyan ang iyong nais?

Nawawala na ang hugis ng dating pagmamahal

na labis.

Translation:

Till When?

How long have you been like that?
How long have I been there?
How long will I hope for eternity?

You are deceitful.

You know how to control me.

You know how to make the heart fall in your traps so easily.

It is hard because sometimes you love me, sometimes you just need me.

But if you need me, don't forget that I am here.

Sometimes I am enough for you,
But I am not enough with the thing you need.
We would have been like a paradise but you wasted
everything.

I love you so much.

But why do you want that?

The excessive love that was before is gone.

Barili ko Muna

ni Maria Eleni Galo

Simula ngayon sarili ko muna ang iisipin, wala nang ikaw sa mga pangarap kong gustong abutin. Umaasa na magtatagal tayong dalawa, sapagkat sa huli lilisan ka rin pala.

> Pinabayaan ang akin<mark>g</mark> sarili, sa kagustuhan kong ik<mark>a'y manatili,</mark> sapagkat marahil tama nga sila, hindi talaga tayo ang para sa isa't isa.

Itinatanong sa aking sarili,
kung anong nakita mo sa iba na kulang sa akin,
o sadyang hindi ka lang marunong magmahal,
sa isang tulad kong ngiti mo lang ay saktong sakto na sa akin.

Mahirap man tanggapin,

Unti-unti kong kakayaning kalimutan ang lahat.

Ang lahat ng sakit, saya at kaba,
na aking naramdaman noong una kitang makita.

Sana kaya pa ako patawarin ng sarili ko, sa mga panahong inuna kita, marahil kasalanan ko rin naman, datapwat sana kahit isang beses, naisip mo na ako'y pahalagahan.

> Papalayain na kita, para ako naman ang sumaya, hindi man sa piling mo,

datapwat mas pipiliin kong mapag-isa upang ako naman ang makalaya.

Translation: I will Put Myself First

Starting now I will think of myself first,
you are no longer in the dreams I want to achieve.
Always hoping that the two of us will last,
For I know eventually leaving me is a part of your plan.

I forgot to take care of myself,

Because I want you to stay,

perhaps they are right,

we are not destined for each other.

I always ask myself,
what you see in others that I don't have,
or you just don't know how to love,
your smile can make my day.

It is hard to accept, but I will be able to forget everything. All the pain, fun, and excitement, feelings I felt when I first saw you.

I hope I can still forgive myself,
in the times I put you first,
maybe it's my fault too,
but even just once, hoping you've appreciated me.

I will set you free,
for me to be happy,
even I am not with you,
but I would rather choose it so that I will be free.

Ang Pag-ibig sa fahat ng Aspekto

ni Krisana Mae Vicena

Sa mundong ating ginagalawan, ang pag-ibig ay nasa lahat ng dako ngunit maaaring ito ang pinakamasama o pinakamagandang bagay na maaaring mangyari sa bawat isa sa atin. Ang pag-ibig ay maaaring mangahulugan ng maraming bagay at maaaring lumaganap mula sa isang tao tungo sa isa pa. Maaari itong ilarawan bilang isang d<mark>rog</mark>a, isang virus, o kahit isang pagkagumon at ang pag-ibig ay maaaring isa sa pinakamasarap o pinakamahirap na bagay sa ating buhay. Maraming mga tao ang nag-iisip na ang pag-ibig ay tungkol lamang sa pagmamahalan ng magkaibang kasarian ngunit maaari rin itong tungkol sa pamilya, kaibigan, at marami pang iba. Kaya, ano ba ang pag-ibig?

Ang pag-ibig ang nagbubuklod sa ating lahat upang magkaisa. Ang pag-ibig ay ang simbolismo at nagtatakda kung paano mo pahahalagahan ang isang tao, isang katoto, isang alagang hayop, at ang iyong sarili. Umiibig ka kapag handa mong gawin ang lahat para lamang sa kanila. Maraming damdamin ang nararanasan natin tungkol sa pang-aaruga at pagmamahal na bahagi ng marubdob na pag-ibig. Ang pag-ibig ay maaaring magdala sa atin ng maraming bagay sa buhay at ito ay makapagpapabuti sa ating mga sarili.

Ang ating unang pag-ibig ay palaging nagsisimula sa ating pagkasilang. Ito ay ang bunga ng tunay na pag-ibig na nabuo ng ating mga magulang. Palaging minamahal tayo ng ating mga magulang mula sa ating pagsilang. Tinutulungan nila tayong upang maging kaaya-ayang tao sa mundong ito, sila ang dahilan kung sino tayo ngayon, pinapahalagahan nila tayo, at lalo nila tayong minamahal nang walang pag-aalinlangan. Ang ating mga magulang ay laging nandyan para sa atin kapag kailangan natin sila. Habang tayo ay tumatanda at nagpapatuloy sa ating buhay, nararapat lamang na tayo ay nandiyan din para sa kanila tulad ng kung paano sila sa atin.

Ang pag-ibig ay nakabatay rin sa pakikipag-ugnayan sa iba tulad ng pagkakaibigan. Ang pagkakaibigan ay nangangailangan ng maraming bagay, pagtitiwala, pangangalaga, at isang taong naninindigan para sa atin kahit na ano pa man. Isa ito sa pinakamahalagang bagay sa buhay at ito ang pagmamahal sa katoto sapagkat naglaan tayo ng oras sa kanila at sa huli ay naging katoto o matalik natin silang kaibigan. Ang pagkakaibigan ay may diwa ng pag-ibig. Kahit na hindi ito romantiko, ang pag-ibig sa isa't isa ang nagbubuklod sa pagkakaibigan.

Ang pagkakaibigan ay maaari ding maging romantikong ugnayan. Ang pag-ibig sa romansa ay isang sa napakakomplikado, espesyal, at kakaiba sa lahat ng uri ng pag-ibig. Sa mga romantikong relasyon, umuugnay tayo sa tao sa paraang tingin mo ay mamahalin natin sila at makakasama magpakailanman. Ang ganitong uri ng relasyon ay may pagkakaibigan, pagpapalagayang-loob, paggalang, pagtitiwala, pangangalaga, at syempre tunay na pag-ibig. Ito ay isang bagay ng pagbibigay at pagtitiwala sa isa't isa, tulad ng sinasabi ng mga tao na "kung ano ang sa iyo ay akin". Ang romantikong pag-ibig ay kapag binibigay mo ang lahat nang walang pasubali nang hindi umaasa ng kapalit o isang bagay mula sa iyong kasintahan.

Isang pang uri ng pagmamahal ay ang pagmamahal sa sarili na tinuturing na pinakamahalagang uri ng pag-ibig sa lahat. Kailangan nating matutong tanggapin kung sino tayo at kung ano ang taglay nating kakayahan. Mas madali para sa atin na magmahal ng ibang tao kapag mahal natin ang ating sarili. Ang pagmamahal sa sarili ang unang hakbang na kailangan natin bago magmahal ng iba. Hindi natin kayang magmahal ng iba hangga't hindi natin mahal ang ating sarili.

Kapag natanggap natin ang ating sarili, maaari na tayong magmahal nang totoo. Ang pag-ibig ay hindi lang pagmamahal sa iba kundi pagmamahal din sa tunay mong pagkatao o sarili. Ang pag-ibig ay pagtanggap din ng ibang tao kung sino talaga sila at hindi kung ano ang inaasahan natin sa kanila. Pag-ibig ang nagpapatakbo sa lahat ng bagay na nakapaligid sa atin kung kaya't sikaping ibigin at tanggapin ang sarili sapagkat ito ang magdudulot ng kasiyahan sa ating buhay.

Translation: Love in All Aspect

In the world we live in, love is everywhere. And it can be the worst or the best thing that can happen to each of us. Love can mean many things and can spread from one person to another. It can be described as a drug, a virus, or even an addiction. Love can be one of the hardest things in our lives. Many people think that love is just about romance, but it can also be about family, friends, and much more. So, what is love?

Love binds us all together. Love is how much you value someone, a buddy, a pet, and yourself. You fall in love when you are willing to do everything just for them. We experience a lot of feelings such as care and love that are a part of a loving process. Love can bring us many things in life, and it can improve us.

Love always begins at our birth. It is the fruit of true love developed by our parents. Our parents have always loved us since the day we are born into this world. They help us to be a good and nice person in this world, they are the reason who we are today, they value us, and they love us unconditionally. Our parents are always there for us when we need them, as we grow older and move on with our lives. It is the best action to be there for them as they are for us from the beginning.

Love is also based on our interaction with others such as friendship. Friendship requires a lot of things, trust, care, and someone who stands up for us no matter what. It is one of the most important things in life to have someone you can call a friend, spend time with them and eventually, they became your best friend. Friendship has the spirit of love. Even if it's not romantic, our friends still love us and are always there for us.

Friendship can also be a romantic relationship. Romantic love is one of the most complex, special, and unique of all types of love. In romantic relationships, you connect with the person in the way that you think you will love him/her, and you will be with him/her forever. This type of relationship has friendship, intimacy, respect, trust, care, and of course true love. It's a matter of giving and trusting each other, as people say, "what is her/his is yours". Romantic love is when you give everything absolutely without expecting anything in return from your special someone.







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TEA PARTY AND PAGBIGKAS NG TULA AT TALUMPATI







SPATA ZOO FIELD TRIP







LEFHADA FIELD TRIP







UARI FIELD TRIP





SPORT FEST







CULMINATING ACTIUITY



CLASS PICTURE



Elementary Department



PRESCHOOL DEPARTMENT



GRADE 1- HERMES



GRADE 2- HEPHAESTUS



GRADE 3- DEMETER GRADE 4- ARTEMIS



GRADE 5- HESTIA



GRADE 6- POSEIDON

CLASS PICTURE

HIGH SCHOOL DEPARTMENT



GRADE 7-HERA



GRADE 9- ARES



GRADE 11- APHRODITE



GRADE 8-APOLLO



GRADE 10- ATHENA



GRADE 12- ZEUS

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CONGRATULATIONS COMPLETERS!



KINDERGARTEN-EROS



GRADE 10-ATHENA

WE ARE SO PROUD OF ALL OF YOU!





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GRADE 12-ZEUS

WE ARE ALL SO PROUD OF YOU!



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